

vEXPRESS

OUR ACADEMIC ZINE

2021
EDITON NO.16

TECHNOLOGY

Conspiracy Theories
Blockchain

GAME ZONE

Valorant
CS:GO
Among Us

JUST BINGING

Anime
Absconding The Reality

VEXPRESS 2021

**"CURIOSITY ABOUT LIFE IN ALL OF
ITS ASPECTS, I THINK, IS STILL
THE SECRET OF GREAT CREATIVE
PEOPLE."**

- LEO BURNETT

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F R O M



F R O M

THE PRINCIPAL'S DESK

Warm greetings to the readers' fraternity of vExpress 2021!

Social innovation empowers students to create a change in the society. Sustainable initiatives and multiple skillsets play a pivotal role in improving the educational quality. At this juncture, it signifies the persistent efforts taken by Vidyalankar Institute of Technology in developing 'Digital Gurukuls' with those who have a passion for teaching. Digital education caters to one of the most important needs of the human race today. Online learning offers equality of educational opportunities to get the same quality education to children even from remote areas without leaving their homes. This has brought into imparting education through smartphones as well, though the shift from traditional learning to digital was happening even earlier but at a low pace. Covid-19 has given online education a huge boost. Availability of devices, in the form of our fourth basic necessity these days: a smartphone, and easy access to internet is also playing a major role in the proliferation of education.

The ongoing as well as after effect of this pandemic has impacted our lives drastically, and these changes have often happened rapidly and abruptly. The survival mode is different for every person in these challenging times. Some may be researching or gathering information to function in their professional arena while others are attempting to settle in their new routines. Here, resilience is the key! Emphasizing on the need for innovation, in the post-pandemic world, physical activities have taken a back seat. It seems like the world is just a click away! This urgent need to engage in online interactions makes digital transformation a much needed shift. Work from home setting, parents home schooling their children in a new blended learning environment, lockdown restrictions, quarantines, mandatory wearing masks in public have compelled us to adapt to this 'New Normal'. Now, a year after Covid -19, we are slowly trying to restore health, economies, and societies together despite the new coronavirus strain. This global crisis has eventually led us to learn, adapt, and improvise on many things. Our immediate focus after this pandemic should be on the new three Rs, namely, Resilience, Recovery, and Restructuring in all walks of life.

We constantly strive to bring out the hidden talents of our student fraternity by offering them various platforms to showcase their skillsets. This may either be through some recreational activities or in the form of technical simulations. Many successful initiatives at this institute are continuously undertaken namely, the first ever online annual college fest 'VERVE,' the First Year Engineering four weeks Induction program, TedX VIT – EPIPHANY 2021 that featured prominent and famous personalities, vTalk Series [Season -2], Hackathon 2021, Technical educational series and LIVE discussions with MathWorks, and many more. All these drives have helped to shape our student's personality in a holistic way.

Lastly, I would like to congratulate us for amazingly embracing this 'New Normal' with a positive mind-set and for learning many new digital concepts. My hope is that our new normal, today, exposes what was wrong with our old normal, yesterday, and makes us ready to accept challenges for a better tomorrow.

-Dr. Sunil A. Patekar, Principal

F R O M



F R O M

THE CONVENER'S DESK

Stories are magic, as they can build empires, give life to emotions, and make everyday life seem incredible. They can make us wise, teach us empathy, and can also take us on terrific journeys. I am experiencing this state of mind as I go through this year's 'vExpress,' wherein, our versatile students have rendered their thoughts so beautifully. It is indeed a proud feeling for me. As it is rightly quoted by Albert Einstein, "Logic will take you from A to B, Imagination will take to everywhere," the articles here, ranging from not only arts, photography but also varied aspects are unravelled namely, technical, adventurous, narratives, and so on. Thus, it is a perfect blend of creativity, innovative ideas, technology, arts, and science.

This year has been a real roller coaster ride for nearly all of us. The economic and social disruption caused by this pandemic has been truly devastating. Work from home condition, online learning, layoffs, closing businesses, and the overall atmosphere had a deep impact on people's mental as well as physical health. As this continues, we can see the rising unrest among children due to prolonged lack of access to in-person schooling. Here, I would like to say that this 'vExpress' is an attempt to reach new coping strategies. Especially, the 'Technology' and the 'Adventure Sports' sections take us into a different world. It surfaces the optimistic side of rising covid-19 vaccination drives and programs that have started in different countries and all over the world.

Today online learning has become the future of education. It is flexible, accessible from anywhere and at any time, it offers a wide range of programs, and allows for a customized learning experience. Many students think that online learning is better than traditional classroom learning but at the same time 'outside the classroom' learning is also longed by students. I feel that the millennials are highly resilient to adapt to the new change in teaching and learning methods. One thing to remember here is, students must follow their passion sincerely and try to blend it with their strengths for desirable outcomes. I would say that you do not need a fan club to achieve milestones, but your determination and persistent efforts can help you achieve them all. We have quick access to all kinds of information in this 'online' era. However, one must remember to inculcate a human approach in whichever task is being undertaken.

To conclude, I wish to congratulate the entire team of 'vExpress' that has been working relentlessly to shape and publish this edition in the best possible way. We would be more than happy to receive our readers' compliments or suggestions for this year's publication. I would like to convey my sincere thanks to the entire team of 'vExpress' and to all those who helped us directly and indirectly in publishing this copy successfully.

-Prof. Ambadas Deshmukh, Convener

EDITOR'S



WORD

"If your actions inspire others to Dream more, Learn more, Do more, and Become more, You are a Leader."

I'm glad to present to you the 2021 edition of Vidyalkar Institute of Technology's official annual college magazine, 'vExpress'. As the Editor-in-Chief of vExpress and the Secretary of the Literary Council, I aimed to expand the horizon of vExpress and give students the liberty to showcase their talents in multiple domains.

Our annual academic zine, 'vExpress', this year does not follow a particular theme giving every student the freedom to write and present their ideas wherever their interest lies. We got an overwhelming number of articles from the students and that really helped me and my team achieve our goals and aspirations that we had set for 'vExpress'. This magazine is a result of rigorous efforts from the entire vExpress team. It is a memoir of our efforts, emotions, creativity and diligence.

This year, we have introduced sections like 'Mental Health', which appeals to the masses and a topic which needs to be addressed by all of us, and 'Just Binging' which will enable all the readers to gain a rich and fun experience while going through the magazine. This year we have kept an exclusive Editors' only section, "Just 2000's Kids Things", specially brought to you by the vExpress team.

The vExpress seeks to provide a platform for all the young visionaries to present their thoughts and ideas and inspire everyone to push through their limits and achieve great heights.

- Saumya Singh
Literary Secretary 2020-2021

EDITOR'S



WORD

"A winner is not a person who never fails, but a person who never quits"

If someone came and told me a year ago that I would spend my entire tenure as the Secretary online, I would've thought that they were being highly pessimistic. The fact that even though we are getting "work" done without being on campus has been surreal. COVID-19 has taken a toll on all of us. Directly or indirectly, because of the loss of a loved one, having to stay away from our families, or simply staying cooped up all day long, the pandemic has impacted our lives in unexpected ways. It is extremely hard to stay focused when our lives have come to a screeching halt. Hence, it is extremely important for us to consider people's circumstances and show compassion. Considering the situation today, this edition comes with a whole section dedicated to Mental Health. Know that you are never alone!

vExpress is much, much more than a magazine. It is a community, an ideal, an emotion. vExpress cares about people, both within our pages as well as those behind our publication. But most of all, we care about you, our readers. Keeping in mind your thoughts, interests and curiosities we have consolidated this magazine to indulge you. We hope our love, fondness and passion for people comes through.

I am glad to have had my mentors and core with me along every step of the journey, supporting and helping me grow. Even though the journey has been unexpected and may have come as a surprise, I chose to look at the bright side and have a positive outlook. Every problem has a solution as long as we look for it. So stay home, stay safe, and get vaccinated.

- Hrishika Samani
Joint Literary Secretary 2020-2021



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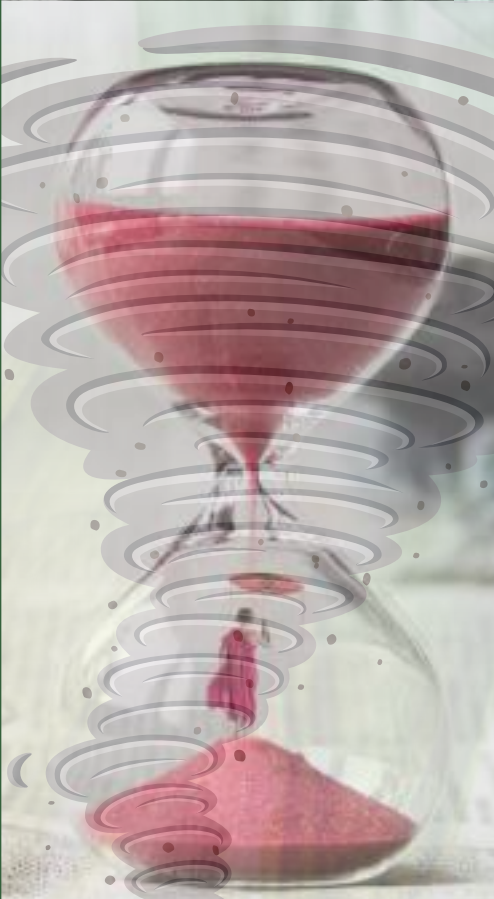


Vedant Naik

FE ETRX A



POETRY & NARRATIVES



Heart – A Ball Or A Castle

"It wasn't yours to seek yet you took it and managed to corrupt it."

I had an elegant heart.

Indeed a splendid one.

I gave it to him without hesitation.

You took it at once.

You played with it, played with me,

With all the ways you could,

the corruption you did.

But that day came.

That particular day when I discovered my heart

Into small million bits in that

Peculiar corridor.

Anyhow I managed to leave.

Leave without my heart.

Afterward, when I happened to pass.

In that way, I'd pick the remaining parts.

I glued them into one.

It was messy enough yet stunning.

Surprisingly right, I assume.

The pieces were vague together, remarkable enough.

Soon there were guards around my heart.

Those guards did allow anyone but you.

I strictly ordered them not to allow anyone in,

It is hard to pretend that my heart doesn't ache for you.

How? How did you manage to sneak-in dear?

Now my heart is a deserted castle.

I'd never allow you or anyone else to destroy what I build.

~ Roshni Varma FE INFT B

TIME LAPSE

I am the one with terrifying dreams.

The one who fears to grow apart.

Still, my soul endures it.

Thousands of people with thousand of layers yet the void is incomplete.

Because only a few seem to have the missing piece of my heart

It is an abstract piece that they have.

And only they can fix the jigsaw.

As time flows, that small void seems to bigger

Everything fades.

The piece as well as the void still, my heart cries in distance.

It is so naive.

Stuck on one abstract yet painful piece and shamefully wants it to last forever.

Want to paint the whole spirit in front of the world, hoping to make it forever.

Even knowing nothing lasts even nothing ends.

Yet dreaming about a parallel universe to reunite.

Reunite my whole heart with all the small pieces.

If death is inevitable then this figure of my heart is ineffable.

Where Do Our Thoughts Originate From?

"Mumma, why does it rain?", "Papa, why is our earth round?", "Are the sun and the moon friends or enemies?", "Is water blue or white in colour?", "Why are the stars so far away from us?"

We all have had such random thoughts and questions eating up our mind in a million ways when we were kids and have tried to find their answers by asking our parents, grandparents, siblings, and friends so many times. At times we were given some really baseless answers for such questions without any logic, while sometimes we were left wondering without any answers. But that really didn't stop us from imagining and dreaming more weird thoughts and realistic facts.

As we grew up, we found many answers by ourselves while some thoughts still make us think and wonder and lead to self-discovery. We often wonder as to where do these thoughts and ideas come from? Is there a specific way we all follow or do we do it unconsciously? Well, subjectively, our thoughts originate from nowhere; they just pop into our heads or emerge from our language. But objectively, our thoughts originate from everywhere i.e. they emerge from different neural processes.

So, in short, we can sum up that, our thoughts come from nowhere and from everywhere. Though it's still a relevant question for all of us till date, isn't it really exciting to have so many different thoughts running through our mind all at once? Imagine a world where people can't even think, imagine or dream; just working like robots and dozing off to sleep at night without any reasoning; what a monotonous and boring world it would be where we can't even interact with anyone about how we feel, what our emotions are, and so on. Well, as per my view, thoughts may originate from the glimpses that our eyes catch. This happens either consciously or subconsciously but never unconsciously; because every thought we get is either linked or connected to other thoughts directly or indirectly which we would never know at times. Imaginations and thoughts define humans on the basis of their reasoning and perspective and that's the reason behind so many beautiful creations around the world.

~ Anagha TE BIOMED

RED AND GOLD

This poem is a narrative from the perspective of someone hiking up a volcano nestled in a village on an island.

Brilliant blue waters, dotted with sails,
Bracing yourself to ascend the rocky trail,
Pleasant chills whispering through the air,
A rewarding journey to embark- if you dare.

A tiny village nestled in Hephaestus' arms,
Going about their daily lives, a heartbeat from harm,
Ignoring probable danger people milling around,
Carefree, cheerful and happy, faces seldom a frown.

We begin something new, curious and unsure,
Exhausting, tiring, an adventure never done before,
Doubting ourselves, wondering if we'll reach the top,
Desperately hoping we reach the first stop.

Is it possible for us to reach the end?
Uncertainties and worries haunting us at every bend,
Going up higher and higher at an agonizing rate,
But finally it's time for the first break.

The demeaning part, bleak no more,
Splendid vistas shocking us to the core,
An aweing panorama changing with every step,
The sea and land down below at unbelievable depths.

Soon the sky is coloured in lilac and rose,
Dusk falls, the sun and horizon united once more.

Standing up above a mattress of clouds,
The land below, hidden by a white shroud.

Sitting at the edge of a fuming crater,
Watching small sparks, nothing spectacular,
But just as we give up, getting up to leave,
A huge burst of magma, making us heave,

Shooting through the rocks, streams of red and gold,
Brightening the dark night by tenfold,
Wind singing, molten rock gushing,
Like ethereal flames, warm hues dancing.

Soon the aweing spectacle ends and it's time for descent,
Guided by the moon glowing luminescent,
Wading through sooty ash, slipping and falling,
Covered in black, on our knees crawling.

Finally we reach the bottom, our adventure complete,
Fatigued, drained out from accomplishing a feat,
Legs shaking, body sore and aching, all we want is rest,
But despite all, a smile graces our face, nevertheless.

~ Trisha Shah FE CPMN A

CLAY

I see these new trends as I scroll on Instagram, they remind me of the ones I want to follow. Something along the lines of walking about the house in a long satin or silk shirt, a desk where I write my words without worrying if anyone would sneak up from behind me and read them. A drink, very still between my lips as I pen down everything that my heart says, as I exhale everything my heart feels; I continue to finish it by the window overlooking everything that is outside as I take a break.

But instead, I'm stuck with this other trend of my own, something I now understand that I have been growing up with.

It's just me, finding my shadow in other people I come close with since I'm unable to find my own. With me, finding love for myself in another person by falling into his arms for I can't find it in myself. It's me being insecure about the way I look because I don't feel like I look like I truly feel. It's me, looking at another girl for a second longer or stealing just one more glance as I try to remap my own borders according to hers. When have I ever been told that I am enough, emotionally or physically? When have I ever been told to sit back and accept my own skin? When have I ever been put just as I am, with anything I wore? When have I ever not been told to change something about myself?

As if I erred on purpose.

So I hid behind my own skin. So I buried everything that felt right because there was nothing to correct about it anymore and it felt wrong. So I repainted my outside black to blend in with my insides and I laughed away into the air to bring the darkness within, outside. So every day I woke up to a bright red alarm, warning me as I tried yet again to escape my own walls.

But I'm not clay, I cannot be remade.

You are not a potter, I am not at your fingertips.

Now I finally know that with our hearts, we shall only love and be loved.

~ JT

~ Janaki Talekar TE EXTC A

"I can shake off everything as I write; my sorrows disappear, my courage is reborn."

--Anne Frank

The Beautiful World

In a distant land, in a distant world
In a shelterly abode wrapped in its fold.
A crib lay, free of sadness or contempt,
Beside a hearth, embracing a child who slept
Gazed by the protective eyes of a dreamy lady
Who sang a song guided by a precious melody.

The world outside was covered by a fire
A destructive one, not one to admire,
An embodiment of hate, rage and confusion.
And abandoned, the world was left to burn.
But hope couldn't allow the world to burn for long.
And so, the lady sang to the child, what would be her last song.

She sang about love, bravery and sacrifice,
About the bird who gives her chicks food to suffice,
About the ants who persevere through danger, dread and dearth,
About the cow who endures pain to give birth,
About life that blooms around us and will do so for ages to come.
She sang to him about what she wanted him to become.

And so, as the world burnt, the child gleamed
As, what she taught became a part of his dream.
She kept her head by the side, smiling as she did so.
She gave her all to the child protecting him from the heated blow
And she faded, but the child lived on guided by her knowledge
Making the world a peaceful, beautiful place with his blessed touch.

~ Siddharth R. Shukla TE INFT A



FIT IN

Everybody tries to fit in,
for that one group they wish they were a part of,
for that coolest gang socializing with everyone,
for that girls group everyone is fond of,
But they just try to FIT IN forgetting themselves.

They start preferring espresso over tea,
because suddenly tea is such a middle-class thing for them
They start preferring vodka over lime soda,
because that cool group drinks nothing less
But they just try to FIT IN forgetting themselves.

They start making fun of others,
back-bitching, gossips, and what not
they start letting out secrets of their loved ones to people
thinking that's what would make them look cool
But they just try to FIT IN forgetting themselves.

Fear being left out overwhelms them,
Pain of not being included saddens them,
Anger of not being chosen wrecks them,
But they just try to FIT IN forgetting themselves.

But they keep forgetting that,
Sometimes it's better to be alone than to be under a bad influence
What's the use to be someone else if it's not you?

What's the use of FITTING IN if you are no more a part of the TRUE YOU?

~ SJ WRITES

~ Shravani Joshi FE EXTC B

be
yourself

life is
too short
to wait.

live
laugh
love

TRUE ESSENCE OF FEMINISM

Trust me when I say this, everyone has once in their life, questioned themselves about being a feminist. And maybe this article will help you find an answer for the same. Feminism at its core is a belief in equality, irrespective of their sexes. It is very critical to understand that here, equality is not about physical capabilities or biological differences. But it is about social, political, and economic representations. It at its very basic is about equal rights and equal opportunities. It is very harsh to listen but not so hidden truth that women for a very long time are denied a lot of basic rights and opportunities. And even today it is not the case that the scenario has changed drastically.

Look around and see everything with your open eyes and you yourself will get to know about a lot of things that are unfair. Are women paid equally as compared to men? Do they get an equal opportunity in political representation? Or are they treated equally on an everyday basis? There are infinite questions that could be asked and for infinite times left unanswered in the name of religion and traditions. So if you believe in equality, if you feel that it is unfair to discriminate against someone on the basis of gender, if you believe that at the end of the day we all are humans and should be treated the same. Then trust me deep down inside you are also an admirer of feminism.

But as it is very well said "Every coin has two sides" similarly something, as good as a belief of equality is misused by some people of the society. We need to understand that if feminism is about empowering women but at the same time it is not about degrading men in society. People should be responsible for the type of messages they are portraying with their actions. The best way to control the misleading messages is, if all the social media sites can control the flow of messages, users are delivering through their accounts or websites. Even the government can take an initiative in spreading the cause with the right information in society. In this way, we can make sure that the true essence of feminism is reaching society. And if this happens to become true, it will not be a victory for women or for men. But rather it will be a victory for "EQUALITY" and "HUMANITY".

~ Muskan Shaikh FE EXTC A

"One day I will find the right words, and they will be simple."

-- Jack Kerouac

THE MAN

The tunnel was long, hard and cruel
Lost hope and despair adhered to its sides
Bearing witness to the fact you despise,
That many a people had fallen victim to its gruel
But there were many more to come, and they did
They stumbled, they fell,
and they perished in a way that was morbid.

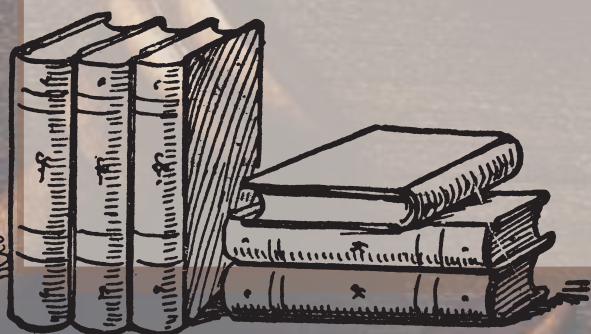
Amidst the dark events, there was a figure
Bent, bloody and weary he walked,
As his mind had yet not lost its vigour.
He had been, ridiculed, abused and mocked,
As he went on and on, with his wet face.
Tears streamed through his eyes, his grief
evident,
But reflected it never did on his pace

There was a time when he wasn't alone
When many hands had clasped his hand
When he wasn't so miserable and sad
When a hand was there to hold his face
When someone was there to caress his back
When a voice was there to tell him "Keep going"
When a head was resting on his shoulder
When he had friends, family, and Love.
But that time had gone, swept by the wind, up
and above
And now he persevered through the loss, alone

He had experienced many losses, many pains
Tearing at him, pulling him apart
He took them all and walked on without any
gains
He had stumbled, he had fallen, but he refused to
perish
The tunnel had changed him, mutilated him
for the tunnel he was nothing but a subject to
tarnish
And now he wasn't the man he once was
But that didn't matter to him, as the light
beckoned him
He had to honour his sacrifices
So, bent, bloody and weary he walked.

The tunnel was long, hard and cruel
Lost hope and despair adhered to its sides
But even the tunnel waited with breath that was
bated
As it witnessed the journey of a man who was
hated.
A man who did not care about when it ends
The way was still long and the path perilous
And the man walked on and on towards the light
Towards the final chance to achieve his
redemption

~ Siddharth Shukla TE INFT A




HUMANS-A PLAGUE TO THE EARTH

“The Earth Does Not Belong To Us, We Belong To The Earth”. It is high time we understand this universal truth. The earth is what we all have in common. The earth we share is not just a sphere rotating and revolving in the universe but a living nurturing being, she cares for us and deserves our care in return too. We should not forget that all forms of life come from the earth and return to earth.

Many people believe that the earth is becoming a better place because of human activities. Most of us have a notion that we are the best creation of God. However, ask yourselves what have we done to call ourselves the best. Well, I think absolutely nothing. According to me, we were supposed to be the best creation but we failed terribly. We were supposed to protect our earth. On the contrary, all that we have done has become evil. We are the reason for its present condition, a condition whereby it is on the verge of dying, a condition where the air is mixed with all the excellent gases released by the industries. We produce so many hazardous gases that clean air is something rare to find, it is just like finding a drop of water in the desert, not to forget global warming, another gift of mankind to its mother. As a result, the average global temperature has risen by around 3-5 degrees, owing to which the glaciers have already started to melt, ice in the North Pole has reached its lowest levels. At this rate, only a matter of a few decades and half of the earth is submerged in water.

Speaking of water, we dispose of our waste in the ocean without thinking of the fishes and other ecosystems present there. As a result, our water bodies are filled with plastic and other wastes disposed of by smart, educated people like us. Scientists predict that by 2040 the water bodies on earth will have more plastic than living beings present in them. Just because we want to make material things, we burn down forests which are homes to thousands of ecosystems for colonization, our factories produce so much waste which affects our climate and ironically some smart people still think we are doing good. We are improving our technology and facilities but at what cost? We have already murdered many ecosystems and are on the verge of slaying many more, we are so imprudent that we fail to recognize that it is just a matter of a few centuries and we will be on the verge of extinction too. Geologists and scientists predict that we are the first generation facing the effects of climate change and the last generation that can do something to stop it from getting worse.



We all are killing ourselves daily, so if we want to survive we must change our lifestyle. Do we want to live or die? Do we want our children to see the beauty of earth or do we want them to face the consequences of our irrational choices and eventually die because of our actions? We all have a choice to make and I hope we make the right one. Considering recent times, the time of quarantine due to the spread of coronavirus or as I would like to call it earth's guardian. It is protecting our earth from the cruelty and malpractices that humans perform on mother earth. I would like everyone to ask themselves a question, Who is the actual virus? Is it the recent world-renowned corona virus or is it we, humans? I believe the latter is the actual virus and coronavirus is just another patron trying to protect the earth from the barbarous humans who have gone the extra mile in destroying it.

As humans, we all have choices to make, either we start changing or die facing the consequences of our negligence. As Mahatma Gandhi rightly said “The earth has enough resources to satisfy every man’s need, but not to satisfy every man’s greed”, so it is high time we stop being greedy. It is time we start taking responsibility for our actions. Remember it is better late than never, all we have to understand is that we need to love the earth the way we love ourselves and protect it in the same way we protect ourselves. Humans, please understand that we are in the endgame now, so better assemble and protect the earth.

~ Parth Yadav SE CMPN A

WHIRLWIND

Round the world, I've been,
Filled with sins and merry grins.

Why this place thy ask;
The bars don't open for the shadows and outcasts.

Every teardrop and every soul,
Pass through me, breaking my hold.
All the dreams and desires lost inside,
The dungeon of sadness vulnerable, on the sensitive
side.

'Leave', one of them standing repeats and repeats,
Whispers increase and reach, within me bittersweet.
No one has the right Sir, preach yourself the lesson
of glee.
Turn 'round and walk ahead, smile at the wrong, no
pleas.

~ Eshika Purohit SE CMPN B

TAKE YOUR CROWN DEAR

This is for those who are sad and mad,
Disappointed with themselves and made their day
bad;

This is not the end and there's still a hope
So, wake up with all your strength and tighten up
your rope;

To climb the mountain's peak
Leaving behind the evil thoughts that made you
sick.

This is life where things are unforeseen,
So, you won't always be victorious without
getting a lesson.

Know your worth and be true to yourself,
Struggle now and then enjoy your wealth!

You are made for the crown in your story,
So, don't get carried away by all that fake glory!

~ Samiksha Suresh Shelke FE EXTC A

A Letter To You

OPINION

A LETTER

One of the biggest signs that you're turning 18 is your parents telling you to figure your life out. Although this is a constant pressure, the moment you turn 18, it becomes tenfold. You can literally see everyone with a plan and everyone has sorted out their lives and it feels that you are not good enough. Parents asking you about college, your peers having part time jobs and acing college and you are here trying to understand life; unsuccessful in college or in finding a decent part time job. You can't relate to anyone so you can't make any new friends and you have lost touch with your previous friends. You tend to rely on your parents emotionally and financially to support you. Your parents are worried as you haven't planned any step in your life. You seem worthless; a child in a grown up's body and you feel miserable. But trust me when I say what I am about to say.

IT'S OKAY IF YOU FEEL LOST AND DON'T HAVE A PLAN. I am not telling you to laze around and be good for nothing. Your productivity does not state your worth. Imagine that your life is basically a number. Pretty depressing right?

Your productivity states how interested you are in your work. If you feel like procrastinating, it can simply means two things:

You believe you are not up to the mark.

You hate what you're currently doing.

And there is a solution to either one of them. Now I am not telling you to quit the next day itself, just sit and crib. I am saying to introspect. Why do you hate that job? Why do you feel you are not good enough? Write them down. You will find the answers.

I know it's easier said than done but how long will you sit in a dark corner and be stagnant in your life?

You will have a lot of bumps and a lot of your fantasies will be broken. **YOU WON'T HAVE A PERFECT FRIENDSHIP OR THE PERFECT SIBLING HARMONY.** You will face hardships and that is a part and parcel of being an adult. **FACE YOUR FEARS.** Trust me, that's way better than running away. At times you will feel that being a child is much better. But growing old does not always equal growing up. The childlike essence of curiosity will take you far. **QUESTION EVERYTHING.** Now I know many would find it weird but when you find the reason for a rule it gives you clarity whether to follow it or not. Most importantly, **TAKE CARE OF YOURSELF, SEEK HELP IF REQUIRED.** For it will be very sad to see your lifeless body which was capable of so much potential.

~ Anushka Mukherjee SE ETRX A

PAST LIFE

This evening all the grey clouds
Seem to have a silver lining.
As if the storms from last night
Are yet to exhaust them.

I notice how they don't
Stop accompanying the sky.
Even if they're all grey and
Still welling up very evidently.

I really love how transparent
The grey clouds get after a downpour.
And how the sky sticks by them
Be it grey, gold, or even scattered.

And there's me at the window
Wishing it would rain soon.
Singing along the promises
Made by the thunders and lightning.

I don't want some ray of light falling
Down from the midst of grey.
I want to cry with the sky
Until I'm transparent and it's okay.

A PIECE

Til death do part us
And that it shall.

So when it does
Each gets me a piece.

To my lover I give
All my poetry
For only he understands.

To my best friend
I give you
My phone and its secrets.

To my parents it is
Pain even if
I give them all love and peace.

To my family I am
Giving a chance
To bury me and all disputes.

To the world I give
Nothing for it gets me
As I have been buried in it daily.

~ JT.

~ Janaki Talekar EXTC A

THAT ONE DAY

Memories can take you to another world, once you start recalling things, floodgates of memories open up and take you to a roller coaster ride, a ride that can shake you totally, not just from inside but from outside as well. His memories were bitter yet he wanted to remember everything that day, his bad experiences, his petulant and cruel relatives, and his not-so-good friends, simply everything. His overthinking reduced his brain to mush and consumed his mind. He gabbled about a lot of things inside but in front of everybody he was pretending to be as calm as a lake on a day free from disturbance and anxiety. It was a mesmerizing sunrise, but for him, it was even more shiny and beautiful, because, for him, it had new hope and a way to a new and more wonderful life ahead. He was on his way to work when he remembered that one day. That one day happened many times in his life. When he tried to remember that one day, a list of days and events flushed in his mind, which eventually accelerated his heartbeats. It was that one day and it was today's one day, it's totally different.

He thought of that one day when he was on his way to school and he looked at his uniform which had torn again at that same place, which he had stitched trice. It had black patches on it because it was his only pair of clothes, which he was supposed to wash daily and wear again.

He thought of that one day, when he left his uncle's place, glumly with a half-empty stomach, because he insulted his mom and told them to leave. He heard his mom sobbing and his siblings crying yet scuffling for food, but he was helpless. He gasped in pain.

He thought of that one day when he promised his uncle and his family to help them in their hard times. Despite all those insults, he helped them and stood for them. He thought it was his onus to fulfill their needs.

He thought of that one day when he needed 20 bucks for his college form but no one helped him. Somehow he managed to collect the amount. From that day he decided that when he will be capable enough, he will surely help others. And he is keeping his promise daily.

He thought of that one day when he promised his mother that he would change the world around her and never let her work like slaves again. He kept this promise as well. His mother was his muse, his hard work, his patience, and his dedication is for and only because of her.

He never blamed almighty for giving him immense pain and writing his destiny with the darkest ink. He always thought that life is good and can get even better and that's what exactly happened with him, life got better and better. With a bunch of thoughts and memories, he reached in front of his cabin. It was his first day in his very own brand new cabin. Twenty-six years ago, he got a job in that institute. He flabbergasted everyone by grabbing a job in such a renowned institute. He joined as Professor, after some years a Dr. was added before his name. And now when he read the nameplate attached on the wall next to his door, a Principal was written before his name that shined brightly on that sunny day.

~ Pratham Akosh Goswami SE CMPN A

THAT DAY

In the middle of my weird thoughts
The sparkle in her gaze made me stop,
Her essence made my heart beat fast.

Don't know why but something was different that
day

Somehow my weird thoughts seemed to fade
away!!

I felt the warmth in the breeze
But her charismatic presence made me freeze
Her eyes kept on talking

And I creepily waited stalking

Don't know why but something was different that
day

I can keep bragging the whole day!!
Abruptly the squirrely gaze disappeared
And immediately the colorless reality
reappeared

Don't know why but something was different that
day

Visualizing her even today makes me go cray !!

~ Muskan Shaikh FE EXTC A

HERE'S WHAT I REMEMBER

Damn, that was a bad bad time
Switching up on me were the ones I called mine.
Never knew I was surrounded by sharks,
But betrayals that loud are bound to leave marks.

Here's what I remember ;
Every scar makes you prettier.

We weren't meant to be, how long was I to deny?
Hit me like a bullet, forever was a lie.
A million pretty memories I was to forget,
Yet in me I didn't have an ounce of regret.

Here's what I remember ;
Every tragic ending makes you wiser.

Trapped in my own mind, each door closed.
My fears lay bare, my insecurities exposed.
All strength in me lay crumpled in a heap,
Out of that black hole, I thought I'd never take a leap.

Here's what I remember ;
Every rough patch makes you stronger.

~ Parnika Thamake FE INFT B

CAM.OU.FLAGE

/kamə,Fla(d)ZH/

The disguising of military personnel, equipment, and installations by painting or covering them to make them blend in with their surroundings.

feel
/fēl/

Be aware of (a person or object) through touching or being touched or by sensing through sensory organs.

How are you feeling today?

Do you feel the pain, anger, hatred, envy, being in love, anxious, concerned, that we all need moral comfort? We all need the story to be Somewhere or in the Immediate Sense. Just wait, stop hiding everything with a smile. Just for two minutes let it pass. Just for two minutes hold on to everything that you want to. Just for two minutes tell yourself, yes I am devastated. Own your emotions and try to move with it. Leaving your sentiments behind, you are making yourself an orphan.

Cry if you want to, laugh the hell out. Do not surpass everything inside your fortitude.

Do not camouflage your emotions out of fear. Fear of being vulnerable, weak, or exposed. Because one day it will outburst like a volcano of mixed moods. You would be poisoned to death by your outlooks. Sooner or later you would be the toxic person you would hate most.

~Roshni Varma FE INFT B

SELF LOVE

Well if we have to talk about self-love, self-care, self-time, and self-discovery there couldn't be any other good example other than the year 2020 itself. Well not going back to 2020 again, but if self-love could be defined in a simple way then it could be loving and accepting all your fears and flaws, your tears and smiles as well as your beautiful mess.

It is rightly said that, if you can't love yourself truly you can never reciprocate that love to another person completely. The first step to self-love is self-acceptance. You need to accept that you are not perfect and you never will be but still you are beautiful and capable of everything and deserve all the love and respect you give to others. If you just can't accept yourself for who you are then how on earth will you be able to show your true self to your loved ones? Being honest with oneself is a sign of self-confidence and power that no one can ever take away from you unless and until you give up.

You need to love your smile when you feel happy seeing yourself in the mirror; you need to love your laugh even though it shows your misaligned teeth you are not comfortable showing; you need to love your eyes that sparkle when you keenly look at the stars at night; you need to love your hairs as they glide smoothly through your fingers after a nice hot shower; you need to love your face when it gleams with excitement after getting an adrenaline rush; you need to love your hands and fingers the way they dance when you feel free and hug someone; you need to love your legs and toes the way they jump and run when you see your loved ones; and most importantly you need to love your whole body, mind, and soul as they make you an incredible, beautiful and adorable human being capable of everything.

~ Anagha TE BIOMED

PASSIVE AGGRESSIVE

Look at all the life and this hustle and bustle,
On the streets of our lovely cities.
We collect crowds and groups in a pandemic,
Such appealingness can be our stupidity.
We all were bonkers all the way along,
Do we have a doubt? I really doubt not.
People would be imbeciles and pretty damn foolish,
All just for some internet clout.
But now we have reached a brand-new level,
On this earth of craziness, deep down we shovel.
We end up now finding real gemstones,
Watching all of these dug-up my mind is blown.
Now we want to hang out all day long,
And our resolute to be free is very strong
And hence we don't wear the masks at all,
And social distance? NEVER. On each other we shall crawl.
We are very determined to lower the populace.
We increase the crowd of the metropolis.
To the future ones how embarrassing would it be,
How we threw our brains in the drain and what will they read?
Now that I've got your attention please,
Please stop letting intelligence freeze.
Don't be haughty about how blessed you are ,
And your status is pretty much that of a star.
This virus doesn't see colour, gender or race
They attack all the people that they face.
So, stop being foolish and stop gathering,
STAY HOME STAY SAFE even though it's bothering.
Stop playing blame games, stop the hate,
Get the vaccines if you get your chance mate.
This is a request from a bothersome brat
And this is the end of my passive aggressive chat.

~ Anushka Mukherjee SE ETRX A

TEMPORARY ME & WE

Well, I made a perception regarding the people that I meet and how Me & We change accordingly...

If we are able to observe how we interact with other people, you may notice there is a change in your speech, there is a change in your tone. Your attitude – behaviour changes depending on the person you interact with. You may notice this fault in others, but then you can find it in yourself too! The way you speak with your boss may be different from the way you speak with the vegetable vendor.

How you speak with an infant or kid may be different from the way you speak with a teenager. Overall, you can say ME_WE are playing roles accordingly. When you speak with some beggars you may use harsh words like get out of here, move aside, whereas if you go to the bank you may act polite, if the manager scolds you may listen to him silently.

You yourself can see a change of pattern in your behaviour, like a chameleon you keep changing yourself. A conversation between two fellow humans determines the nature of the interaction. Instead of a Human_Human talk, your minds interact. There is a mental image created for the person next to you. You have a mental image of not only the other person but also of what you are, especially with that person you are in relation with. Your mind makes the own creation of the next person. That person's mind might do the same, so every egoic interaction between two people is the interaction of 4 conceptual minds. This is not a surprising behaviour of human towards a human. There is no true relationship in this era. Try to avoid an egoic relation, just try to have a pure kind interaction. Try to have a more authentic relation.

~ Priyal Dupare FE CMPN B

NOTHING

I fancy a girl whom I meet everyday,
I stare at her until I realise I've lost my way.

Oh but her face bears a frown,
She tends to hug herself away from this town.

I see her cover her eyes in front of the mirror,
I see her cover her lips as she laughs with fear.

Unaware, she is a wildfire afraid of the cold,
Unaware, she is the air to her drowning soul.

And I take in her soft features as I start,
She stuns me, unlike any other art.

I'm nothing more than the truth she tends to forget,
I'm nothing less than the love she is building for herself.

~ JT.

~ Janaki Talekar TE EXTC A

FIRE

She is fire, she is light
No, she isn't someone to mess.
She is ignited, she is pure Might!

She is so sweet, pretty and nice
But believe me, honey,
you wouldn't want to see her spice!


She's a goddess, with her arms open and wide
But you know hell's breaking lose,
When you see her dark side!

But hang on, take care
Just like the two sides of a coin,
She is your best daydream, she is your worst nightmare!

~ Parnika Thamake FE INFT B



JUST BINGING!



For the past one and a half years, we have been locked in our homes, and in these tough times we Gen-Z Kids, have found our solace in the world of 'OTT' platforms.

From re-watching the same beloved shows for the hundredth time to discovering new content on the internet, and from falling in love with the characters of a series/movie to doing endless watch parties with our friends, we have done it all! Let's take a look at some of the reviews given by our friends and add it to our watch list.

THIS IS US

imdb
RATING ★★★★★
★★★★

Genre - Emotional,
romance, drama

**“There’s no lemon so sour that you
can’t make something resembling
lemonade”**

This show revolves around the lives of the Pearson family who go through their own shares of unique personal struggles, dark moments and happiness in various walks of life. There are only a few shows that are so wholesome and yet manage to touch upon everyone’s hearts. It talks about healthy parenting, adoptions, mental traumas and normalizing therapy, accurate representation of people from different races & gender identities, so subtly and yet manages to get it right without being too preachy or hurting someone’s sentiments.

Why I like this show is because none of the characters in it are perfect. Everyone is flawed, and yet there’s no villain. Imperfect, angst-at-times human beings, who at the end of it all, are trying.

This show is relevant because it shows how important it is to be kind and empathetic, how it’s never too late to make amends with the people we love and care about, to get help, and just be there. It almost hand-holds the viewers into acknowledging the improvements that can come out of the not-always-simple act of seeking help. Characters, here are always motivated to talk to one another about the issues surrounding them rather than bottling them in. It is definitely worth-watching because this is a lot like life, it is a lot like us. It will make you cry every now and then, perhaps bucket load-only to leave you with a taste of hope. And it will break your heart, only to heal it.



no of seasons : 05

**- Chirag Jadhav
SE ETRX B**



KILLING EVE

It is a dark and delightful comedy-drama about a spy and an assassin and their utter obsession with each other. The show is written and produced by Phoebe Waller-Bridge who absolutely excels in writing scenes full of mischievous banter and provides a fresh, female-driven form of storytelling that's a true rarity.

"You should never tell a psychopath they are a psychopath. It upsets them."
-Villanelle.

It focuses on Eve, a M15 agent who is quite frankly, bored with the usual cases she has to solve. She has a knack for cases that involve assassinations and catches the eye of her senior who then tasks her to track down an assassin who has been causing havoc. And that is how we meet the second lead, Villanelle. She can be described as a manic pixie dream assassin who is as charming as she is a psychopathic, a chillingly relatable monster who takes fulsome pleasure in a murder well performed.

no of seasons : 03

Genre - Drama, thriller, dark comedy, spy fiction

After getting informed that an agent is tracking her, she is naturally intrigued & so begins the cat and mouse race all across Europe and Russia. What begins as a professional job quickly turns into an obsession for both of them. Villanelle and Eve understand each other in ways others cannot. It is truly beautiful to watch their characters develop and revolve around each other as the seasons progress.

- Pooja Naik
SE INFT B

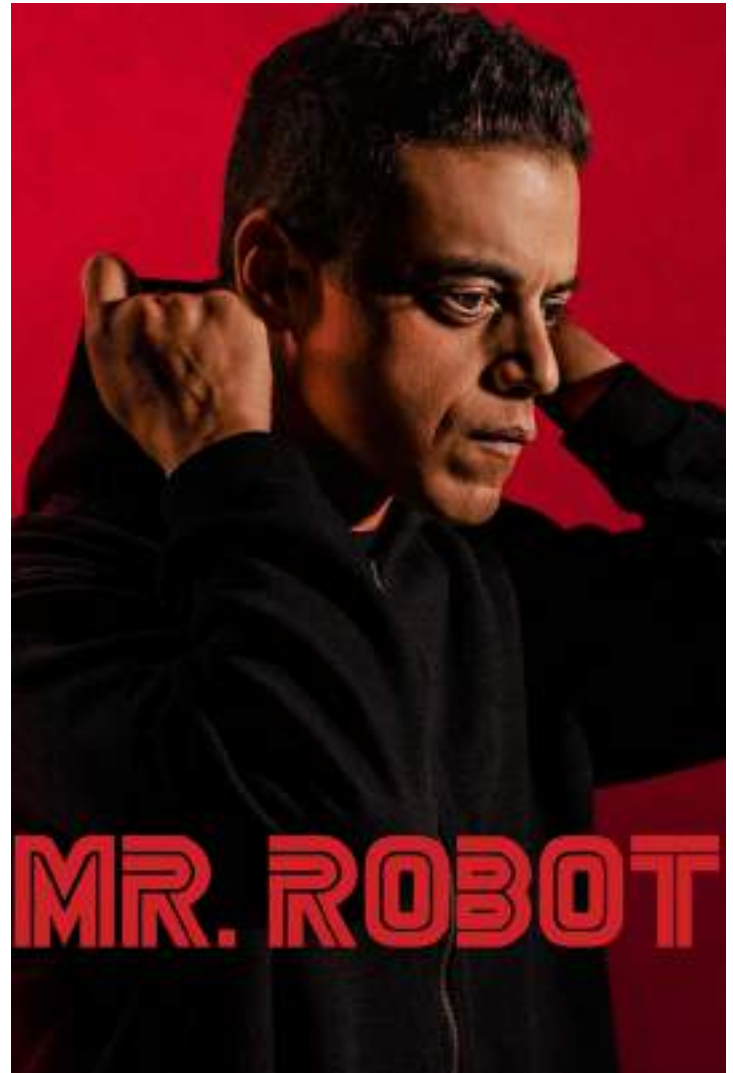
imdb
RATING



MR ROBOT

Genre - Thriller, drama

It is an American drama thriller television series created by Sam Esmail. The series follows Elliot Alderson, a young man living in New York City, who works at the cybersecurity company: Allsafe, as a cybersecurity engineer by day and vigilante hacker by night. A young woman name Darlene and a middle-aged name known as Mr. Robot offer Elliot a chance to take his vigilantism to the next level and help them destroy all debt records by encrypting the financial data of E-Corp, the largest conglomerate in the world. Mr. Robot also reveals that he already has an ally, highly shadowy hacking group known as 'Dark Army'. Eventually, with the hard work of society and dark army, the large-scale hack on Evil Corp is carried out successfully and all debt data held by the giant corporation is lost.



no of seasons : 04



imdb
RATING ★★★★★
★★★★

Throughout the show the character talks with us like we are his friend. From the start to the end there's a conversation going on which we are a part of. There are many series that try monologues, but Mr. Robot sure is a unique one. There are many scenes in there, which you won't figure out at first even, Elliot is unable to do so, but as the series moves forward it clears all the confusion for Elliot and for us.

**- Aditya Jogdand
FE ETRX A**



Genre - Fiction, Suspense,
Thriller, Mystery

Sharp Objects, based on the 2006 bestselling novel of the same name by Gillian Flynn follows the story of emotionally disturbed reporter Camille Preaker as she returns to her childhood hometown of Wind Gap to investigate the confounding murders of two teenagers. However, upon returning she immediately finds herself under the critical eye of her mother, Adora, a controlling, small-town socialite, which forces Camille to confront her own unresolved demons that threaten to consume everything in their path.

While unafraid to toy with the idea of the supernatural, the show is definitely **NOT** a horror story. It's a tale about a mother on the edge of insanity and a traumatised daughter, both feeding off of each other's hatred and derision. Both seem justified yet are on the path to mutual destruction. The mystery is almost ancillary, initially only serving as a way to make Camille have more intense interactions with Adora and the townsfolk.

imdb
RATING ★★★★★

SHARP OBJECTS

no of seasons : 01

By the finale, you're left shocked, confused, but eventually satisfied. Because while seeking justice for those robbed of it is a noble job, recognizing that you might be suffering from problems that are not only harmful to your personal happiness but could potentially be dangerous to everyone around you if left unchecked, and then seeking to fight the bitter battle that is turning your life around and struggling on the road to recovery and self-improvement is what is the truly heroic thing to do. Gone Girl may be Gillian Flynn's magnum-opus, but, this show in my opinion, is at her the rawest, unflinchingly, mesmerizingly honest and thus powerful.

- Ayushi Tanna
FE BIOM A

SHERLOCK

Genre - Mystery, Crime, Drama

We have seen in many movies/series when the story is adopted from the past, it does not turn out that good. Modernized version of Sir Arthur Conan Doyle's Beloved character "Sherlock" strongly opposed this belief. The character lives in the early 21st century and works as a consultant detective. He meets Dr. Watson at the beginning of the series who becomes his 'partner in crime' or more suitably 'partner in solving crime'. Sherlock likes solving crimes just the way stoners like cannabis. Sherlock attempts to solve some of the most puzzled and mysterious cases. The writer did a pretty good job in displaying Dr. Watson.



no of seasons : 04

This show will amaze you with its rich storyline and impress you with a different world of Sherlock Holmes. The picturesque background is a well-blended gothic undertone. The series portrays two different personalities with the help of Sherlock and Dr. Watson; Dr. Watson sees the world as normal people do, so do we. But Sherlock sees it in genius mode and as he unravels his thinking, we start seeing the world through his eyes.

- Aditya Jogdand
FE ETRX A

imdb
RATING



CENSORSHIP

FREEDOM OF EXPRESSION AND HOW TWISTED IS IT?

From Bombay Begums to Patal Lok to Tandav, over the past year, numerous web series on OTT platform like Netflix and Amazon's Prime Video among others have enticed hate campaigns for various sociopolitical reasons. Police complaints were filed against shows, the platforms that hosted them, and if that were not enough to satiate the sense of moral justice, employees associated with the platforms were even dragged in the whole debacle. It would be safe to say that the days which broadcasted content like Ankur, and Manthan and Salim Langde Pe Mat Ro, which were the flagbearers to highlight issues of caste, religion, class, and gender in Indian society are nothing but a distant memory or rather a trip down the memory lane. With the present trend of FIRs against content, those associated with OTT platforms find it nothing but a downward, depressing spiral of antagonism and are in the true sense mere victims of cancel culture. Adding to the resistance, is the central government's fresh guidelines to "regulate" the content on OTT platforms. Among other things, platforms must now classify content based on nature and a viewer's age and set up a three-layer grievance redressal mechanism.

The new guidelines really should make one ponder, "How longer should we pretend that our society is an example of an upcoming utopia?" "How longer will we turn a blind eye rather than accepting the bitter and harsh truth of all the prevalent, social, political and economical biases in our society which are being highlighted through the medium of these shows? Aren't the OTT shows ripping of the band-aid by bringing into light the present India?" Through the medium of art, web series and movies tried to highlight problems in society like, caste issues and religious extremism, which created an impact by generating

awareness among people. "FIRs were filed against Netflix vice-president Monica Shergill, Amazon Prime executive Aparna Purohit, indicating the fact that studio executives are getting charged for accessing their freedom of expression. This was never the case earlier and because of it, everyone is in turmoil now. The whole culture of socially boycotting/cancelling every other show if nothing is creating mass hysteria in the industry.

OTT platforms used to be a great place to work because they had immense freedom of expression. But because of the code of ethics and police cases, it is becoming like television. The level of content has gone down. If this trend spirals in a fast pace, very soon we would be getting subscriptions to watch the daily banter of a big fat Indian family, wherein there is always a damsel in distress, or reincarnations and multiple marriages among the likes. This leaves us thinking, "Is this another coup to put up invisible walls to the term called, 'Transparent Democracy'?"

- Soham Pal
FE EXTC A

CENSORED

© ERIC DROOKER

LATEST ON NETFLIX

FATE: THE WINX SAGA

Adapted from children's book 'winx club' in which, Bloom, a fairy with fire powers, enrolls at a magical boarding school in the Otherworld called Alfea College. With the help of her four new friends, Bloom starts to learn more about her past. while being threatened for her life by the 'burned one'. Brian Young is the creator and showrunner of Fate, who was also a writer for The Vampire Diaries. While the people who have read the book may find it

a bit boring but if you are watching it for the first time it is pretty good. The story is of course a bit mainstream but the changes in the story and cliff-hangers are pretty good and leave you wanting for more. Currently the first season is streaming but the everybody is really hoping for season 2 to come soon.

Similar – The order, legacies, Sabrina



GENRE: FANTASY, DRAMA



PROJECT POWER



GENRE: ACTION, SUPERHERO



forward story with a small number of characters driving the pace of the movie. The movie has great visuals and is pretty pleasing to watch. It is a great movie if you like the action genre.

Similar – old guard, 6 underground, Bright

The plot revolves around pills that can give you powers for 5 minutes. A Netflix original starring Jamie Foxx & Joseph Gordon-Levitt. It's a dark and gritty super powered film and there is plenty of gore and blood to make you lose appetite. Other than that, action is solid, well placed and intrigue is constantly maintained throughout the course of movie. Jamie Foxx nails his hard boiled of a character who is searching his daughter. It tells a pretty straight

- Pranav Shinde
FE ETRX A

"Absconding the reality"

Presenting some of the underrated gems of shows which we absolutely love, help us escape from our daily hustles and enter a world of euphoria, which bring immense joy in our lives, that we would binge watch till the end of time & still never get bored, & also make us go through a whirlwind of emotions!



1. MODERN FAMILY

Three modern-day families from California try to deal with their kids, quirky spouses and jobs in their own unique ways, often falling into hilarious situations.

2. SCHITT'S CREEK

A filthy rich family suddenly goes bankrupt and the only remaining asset they have is an ugly small town named Schitt's Creek.



3. BROOKLYN NINE-NINE

Ray Holt, an eccentric commanding officer, and his diverse and quirky team of odd detectives solve crimes in Brooklyn, New York City.



4. THE OFFICE USA

This US adaptation, set at a paper company in Scranton, features the staff of Dunder-Mifflin, that includes characters based on the British show (and, quite possibly, people you work within your office).

5. THE GOOD PLACE

Eleanor, a deceased saleswoman who lived a morally corrupt life, finds herself in a heaven-like afterlife in a case of mistaken identity and tries to hide her past in order to stay there.



6. PARKS AND RECREATION

Leslie Knope, a mid-level bureaucrat, wishes to help a local nurse, Ann, convert a disused construction site into a community park but deals with red-tapism and self-centred neighbours.

ANIME

A GUIDE TO BECOMING AN



Otaku is a Japanese word that describes people with consuming interests, particularly in anime and manga.

Anime is hand-drawn and computer animation which started in Japan. Anime is a diverse medium with distinctive production methods that have adapted in response to emergent technologies. In Japan and in Japanese, anime (a term derived from the English word

'animation') describes all animated works, regardless of style or origin. However, outside of Japan and in English, anime is colloquial for Japanese animation and refers specifically to animation produced in Japan. Animation produced outside of Japan with a similar style to Japanese animation is referred to as anime-influenced animation.

All things considered, that was an absolutely pointless introduction since we all know what an anime is and the vast majority of us have unwittingly watched anime as kids like Doraemon, Shinchin, and so on. Even if someone is not aware of Shinchin or Doraemon, I bet we all know about Dragon Ball Z. Assuming you don't know who Goku is, you have been most likely living under a rock.

Zeroing in on the most well-known anime to date, here are a few names you may have known about- Fullmetal Alchemist: Brotherhood, Legend of the Galactic Heroes, Death Note, Attack on Titan, Hunter x Hunter, Cowboy Bebop, One Piece, Steins; Gate, Hajime no Ippo, Haikyuu!! And the top 10 anime movies are Spirited Away, Akira, Howl's Moving Castle, Princess Mononoke, Porco Rosso, My Neighbour Totoro, Ponyo, Castle in the Sky, The Animatrix, Grave of Fireflies.

- Krutika Jagtap FE ETRX A



THE ANIME TREASURE



'One Piece' is an adventure, action, comedy anime based on a manga written by the popular mangaka(manga author) 'Eiichiro Oda' and published by 'Shonen Jump'. 'One Piece' has completed 20 years and is still ongoing, it's one of the longest-running anime.

The story of the anime focuses on the sea adventure of the main protagonist 'Monkey D Luffy' and his crew. Monkey D Luffy is a teen pirate who dreams of becoming the Pirate King and hunting the greatest treasure of all time called 'One piece' Pirate!!! Captain Jack Sparrow, Captain Hook, Blackbeard... brings lots of memorable characters to mind, right? The most exciting, adventurous journey, the sea monster, hidden treasure maps, pirate ships, sea battles, the war between pirates and marines... So much fun-loving thing, The Great Pirate Era !!! is the theme 'One Piece' represents. The anime also has a lot of action and comedy. The character design and animation of the anime are remarkable. Every arc of the story introduces a new antagonist, a new plot, and new surprises.

The fight scenes in the anime are always exciting and catch your interest.

'One Piece' has already crossed 900 episodes and is still aiming for more. The mangaka 'Eiichiro Oda' is the richest mangaka and 'One Piece' holds many titles and awards for being the original best-selling manga. In addition to high praise for its storytelling, art style, characterization, and humor, it also holds the Guinness World record for "the most copies published for the same comic book series by a single author." Even though the anime may sound a bit lengthy, after watching the series you will wish for more episodes. "It's such a long anime, when will it end ?" is what people feel before watching it, "One Piece should never end, it should have more episodes!!!" is the reaction when you end the series. Watching the anime is itself like an adventure, a long, interesting, and entertaining adventure that should never end. There are lots of hilarious moments that will make you fall out of laughter, there are lots of emotional moments that will make you shed tears, it is a masterpiece with all kinds of fun!

- Prathamesh Navale SE CMPN B

Attack on Titan

進撃の巨人

Last year will not be remembered by many as good but for fans of anime, it was quite a heaven. Animes like Jujutsu Kaisen and Black Clover aired and gained quite the popularity but then came the most awaited final season of Attack On Titan and it literally ruled the leaderboards for all its runtime. AOT first aired on April 7, 2013. It is adapted from the manga of the same name by Hajime Isayama. Its first episode is still regarded as one of the best first episodes in all of anime history. The story takes place in a world where creatures called 'Titans' exist. Titans feed on humans so in order to protect themselves humans built great walls. These walls protected humanity for 100 years but then came the colossal titan and armored titan, these two broke through the walls of Shiganshina district where the protagonist Eren Yeager lived thus starting a series of events that then would have dire consequences for the entirety of humanity.

This anime depicts actual crises faced by humanity on daily basis. When people migrated to the wall rose the residents over there ignored the people and their problems and tried to retain their normal life. This explains the problem of people who live as refugees in real life. Also with an increase in the population of inside walls, greater division of sources, and major crisis like shortage of food water, and basic human needs were explained in great detail by this anime. As we go further into the anime, we find the people are not united or rather very self-centered who like to live in their own ponds accompanied by a great deal of corruption inside the walls which in a way explains our governing system. And as a self note, we learn, to never trust anyone more than needed or they can anytime turn against us. When we think deeply about this anime, we find the people here are ignorant like fish in a tank who refuses to believe there is a world out there. Due to fear of titans and death in the expedition the amount of people applying in cadet corps decreases year after year which shows a

stronghold of fear in their minds, increasing cowardice and a hunger for a less anxious life. Unlike many other animes AOT does not have a clear separation of good and evil it is up to the viewer which side they want to choose, but the way it is depicted one just cannot make their mind up about what they like. Every character has specific goals and they vary from a simple want to eat meat to complete extermination of the titan race. It depicts the lengths a man can go to save his friends and the place he calls home.

Coming to the animation part, the anime was dealt with by the wit studio. The details of anime were strongly focused consisting of complicated physics. Also, the angles and graphics were unusual and yet thrilling giving it a 3D effect. The fight scenes between corps and titans were remarkably good with an exciting animation of human eyes which connected with people more than words. Talking of words, the voice actors of the anime were formidable with the great experience of dubbing. In some scenes, the actors felt the character to such an extent that they started crying on the set itself.

Attack on Titan is indeed a masterpiece and it changed the way many people see anime and people will remember it for many years to come.

- Samruddhi Jawalkar FE EXTC B
- Sahil Bhoir FE CMPN A . N

RECOMMENDATIONS

Here are some must-watch shows-

1) Demon Slayer:

A tale portraying sibling's love and fondness and what degrees they go to protect each other. Also, as a little something extra, there are demons. crisp animation.

Rating- 8.4/10



2) Death Note:

BIG BRAINS!! Just a super-intelligent guy trying to change the world but with the wrong methods while being accompanied by A God of Death [Shinigami]

Rating-9/10



3) Kakegurui:

Intense Gambling. Will keep you hooked for sure. A story about a fancy school with super-rich teenagers which is mostly run by The Student Council.

Rating-7.2/10



4) Neon Genesis Evangelion:

A pill of Depression disguised as a mecha-anime. Fact- The writer was suffering from depression so the story mostly revolves around mental illnesses but you don't understand the premise until you read more about it.

Rating-8.5/10



5) Naruto:

Probably one of the most popular animes out there. It has a quirky and memorable protagonist trying to prove himself to become a Hokage [Chief of the village]

Rating-8.3/10



6) One Piece:

Finally, a show that's longer than 'Tarak Mehta ka ooltah Chashma' so if you are planning to watch this show you need to invest a lot of time. Nonetheless, it's totally worth it.

Rating-8.8/10



RECOMMENDATIONS

Here are some must-watch movies-

1) Weathering with You:

A runaway boy in Tokyo trying to make ends meet along with a Sunshine Girl who can control the weather. Little did they know what life had in store for them.

Rating-7.5/10



2) Silent Voice:

Words can't describe how wonderful the movie is. Watch it to feel it.

Rating-8.2/10



3) I Want to Eat Your Pancreas:

Unlike the title, the movie is definitely not about Cannibalism. A bittersweet story of a timid Boy

Rating-8/10



4) Your Name [Kimi no Na wa]:

It has the biggest plot twist ever. Two teenagers share a profound, magical connection upon discovering that they are swapping bodies. Things manage to become even more complicated when the boy and girl decide to meet in person.

Rating-8.4/10



5) Demon Slayer [Kimetsu no Yaiba the Movie] Mugen Train:

This show will make even a stone-hearted person cry. Astonishing Fight Scenes!

Rating-8.4/10



6) Garden of Words:

When a lonely teenager skips his morning lessons during rainy mornings to sit in a lovely garden, he meets a mysterious older woman who shares his feelings of alienation.

Rating-7.5/10



I trust you all will have a good time watching these suggested anime films and shows. You need to keep in mind that there are a lot of different genres in anime and there's always something for everyone to watch.

- Krutika Jagtap FE ETRX A



TECHNOLOGY

TECHNOLOGY AND ITS EVOLUTION

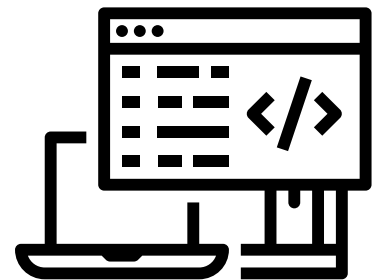
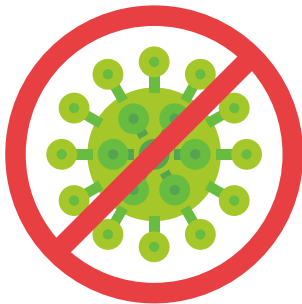
DURING THE COVID-19 ERA

Vinay Bhojwani FE CMPN A

In the year 2020, the world suddenly woke up to a virus outbreak, which soon acquired its identity as a COVID-19 pandemic. Consequently, the countries across the globe were pushed into the phase of transition from normalcy to disorder fueled by lockdowns, spiking mortality rates, and economic turmoil. As we marched towards mid-2020, questions had begun to surface about how the world is going to be once the dust settles down. Amidst the ongoing havoc, one thing that denied bowing down, rather which emerged as one of the biggest support systems is technology. From online grocery shopping to digital classrooms to work-from-home setups, the software tools and IT kept the world going. It also hints at how technology would play an even more vital role in the future. It is important to note that INDIA's learning didn't stop; rather it emerged on a challenging but interactive platform. This happened only because of technology.

Millions of lives were lost due to this virus, and a significant percentage of the workforce was laid off as businesses closed or downsized. Some jobs remained steadfast amidst the economic upheavals. Only the essential sectors namely hospitals and other emergency services were running.

Apart from the medical field, the IT sector remained unaffected and widened its scope in the software development sector. Suddenly, almost everything is online. The initial surge of the COVID-19 had software developers working twice as hard due to the rise in demand for their services. All the standard amenities in offices like a meeting or conference rooms are now accessible to employees via online solutions like zoom. Transactions are also being performed digitally now-a-days. Right from purchasing groceries or essentials to online bill payments, everything is done through online apps namely, Phonepe, Google Pay, Paytm, and so on.



Also, the vaccination drive opened up across the country through various online apps. It was certainly not easy; the wait had been riddled with anxiety owing to vaccine shortages. "India's innovators have played a crucial role in our fight against COVID-19. I invite innovators and startups for a grand challenge to strengthen the Cowin platform for the rollout of the COVID-19 vaccination program across India," said Ravi Shankar Prasad, Ministry of Telecommunications and IT. Many big-brains from different parts of India have come up with some user-friendly websites that may help most people in getting the vaccine safely without being exposed to the spammers or hackers who may act as roadblocks in letting people get vaccinated. One such website is "GetJab.in" which was co-created by four Mumbai-based software developers: Azhar Hussain, Shyam Sunder, Anurag Kishore, and Akshay Nautiyal to smoothen the process. They are continually updating these platforms with features such as SMS alerts and, to avoid bots spamming the app, the team also has enabled a google captcha as a security measure.



VACCINE MAKING: FROM 15 YEARS TO 18 MONTHS

Trisha Shah FE CMPT A

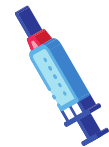
COVID 19 - a virus that has created an unprecedented situation, taking the world by storm. After months of unrelenting efforts from scientists from all over the globe, finally it has become possible to manufacture vaccines. Under normal circumstances, a vaccine production may take anytime between 10 to 15 years. Then how did we produce a vaccine for COVID in just under a span of two years?

It is imperative to first understand how the production of vaccines takes place under normal circumstances. The virus structure is studied with due care and diligence to understand how it functions. Once the vaccine is created, it is tested on cultures of cells. At this stage, the vaccine is not permitted to be tested on animals. Several factors and results are assiduously compiled and presented to the animal ethics board. Only if this board approves of the outcomes of this test, the vaccine moves to the animal testing phase. Again, a sundry of data points are collected, including long term studies, short term studies, organ to organ studies, and so on. If the results are satisfactory, the vaccine is then tested on primates.

On successful completion of this phase, the vaccine is tested on a small group of humans- but only on those who are already affected. It is then tested on a larger group of people of different ethnicities and origins. The findings are once again presented to a board, who conduct their own independent study, to ensure there is no error or discrepancy in the results.

The vaccine is then made available to the markets in a limited supply. A post-market survey is taken and only on acquiring the desired results, large scale manufacturing takes place.

In this manner, several potential formulae are tested before a final vaccine is developed. If a vaccine fails even one of these tests, it's back to the drawing board.



So now the question arises, how did we create a vaccine in approximately 18 months, despite these stringent rules? The answer is: scientists and governments from all over the world collaborated with each other. Past scruples were put aside and no discoveries were withheld. Government has put in more effort and resources towards research that proved to be helpful for scientists. Rules which hindered research were eased.

In addition to this, the past decade has made tremendous leaps in technology. Mapping genomes was an arduous process that could take years to achieve. Today with the help of advanced technology, it was possible within a few days. With advanced software and simulations, it has been possible to study long-term effects as well as other side effects.

There are around 360 candidates of the vaccine available today from all over the world. Thus, we can see that most countries do have the capacity to make leaps in research and technology- they just lack the funding and resources.



A TIMELINE OF COVAXIN

Soham Pal FE EXTC A

The world is on a spurt to contain the new mutation of the virus known as SARS-CoV-2 which has emerged from the family of coronaviruses. No country or isle is left untouched by this disease. Worldwide cases are climbing with every passing moment. Each country is doing its level best to curb the spread of the virus. The scientist and researcher fraternity is in a race against time to find a cure for this disease. Almost 300 vaccines are in the developmental stage. However, only a few vaccines have been given a positive nod to proceed further as of now.

SARS-COV-2

Covaxin is the first innate vaccine applicant by India to battle against the novel coronavirus, developed by Bharat Biotech India (BBIL), a Hyderabad-based biotechnology firm working cooperatively with the Indian Council of Medical Research (ICMR) and the National Institute of Virology (NIV). Covaxin falls under the category of inactivated vaccines, which indicates that the virus pathogen is 'deactivated' and has no possible way of infecting a person or multiplying in number, as it is already dead. The vaccine just serves the immune system as a dead virus and mounts an antibody response towards the virus. The SARS-CoV-2 strain was isolated in NIV, Pune, and transferred to Bharat Biotech. The indigenous inactivated vaccine was developed and manufactured in Bharat Biotech's BSL-3 (Bio-Safety Level 3) High Containment facility located in Genome Valley, Hyderabad, India. It is currently used for mass inoculation having an efficacy of 90%.

Having undergone a series of pre-clinical trials and testing on animals, the pharma company got approval from CDSCO, to proceed to the next level of testing, consisting of human clinical trials. In July 2020, BBIL conducted its Phase I and Phase II trials on humans. Doctors at the Institute of Medical Sciences and SUM Hospital collected blood samples of volunteers who were infused with the experimental shot of Covaxin. Dr. E Venkata Rao, one of the doctors conducting the trials, recorded a spike in the production of antibodies in the participants, soon after receiving the dose. Lab samples also found that participants did not suffer from any side effects after the immunization shot. Since there were no possible side effects to the vaccine candidate, the drug authority control hence permitted BBIL to conduct the final phase of trials.

After successful trials of Phase I and II, Phase III took place in November. Phase III is usually the most crucial stage where thousands of people are involved. The vaccine is constantly under close observation and its use on patients is heavily supervised. As per the firm, the trial covered 28,500 subjects aged 18 years and above and was conducted in 19 sites, consisting of Delhi, Mumbai, Patna, and Lucknow, and 10 other cities.




BHARAT
BIOTECH





"Am a huge believer in the power of blockchain. And Bitcoin introduced us to its potential which goes way beyond cryptos."

-Anand Mahindra

Gaurav Bhadoria FE ETRX A

Blockchain is more of a philosophy than the actual technology. It's a philosophy of creating a model with distributed or decentralized trust in the system, a system with absolutely no godfathers, a way to make a system free from a controlling authority. The distributed trust and the benefit of being very hard if not impossible to corrupt is the crux of Blockchain technology. The applications of blockchain are quite widespread be it financial services, effective distribution of electrical power across geographical locations, replacing existing ways of keeping attendance records, etc. When the internet rose to prominence, blockchain disrupted several barriers that the current institutions faced. For example, information became much more widely available in a much larger magnitude,



distribution became possible at a single click, and communication could happen at the blink of an eye; however there were a few things it could not do. Firstly, it hampered the aspect of TRUST, the internet brought with it a new form of crime (commonly referred as cybercrimes), the face of a robber changed from a person wearing a black mask and entering a bank to someone sitting in any corner of this world with one laptop and a stable internet connection. Secondly DISINTERMEDIATION, the internet came in with the promise to create democracy in business by removing the middlemen. However, it created middlemen that are virtually unreachable today for a common man. Blockchain can address these issues of trust and disintermediation and can create an environment not only transparent but also highly democratic, with the elimination of intermediary and presence of records with everyone in the system ensuring 100% transparency.



CONSPIRACY OF TECHNOLOGY

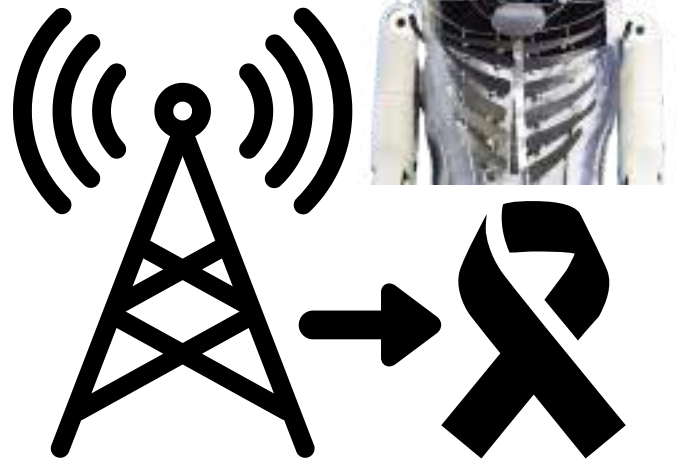
Chinmay Tawde FE EXTC B

The first conspiracy theory dates back to the Roman Empire when it was ruled by Nero, a great emperor. During his rule, Rome was caught in a fire which cost a lot of damage to the property that lasted up to 9 days. During this incident, Nero was not present in Rome and had no idea about the devastation. When he returned and saw the destruction of the kingdom and city; he was deeply saddened and decided to rebuild it. He built a spacious and luxurious castle and as soon as he completed the construction, a theory was passed by the people of Rome that the fire was caused by Nero, just to reconstruct Rome as he had in his mind. So as the above example signifies, such theories aren't new to mankind and have been providing us with false statements and information for a long period.



Conspiracy theories on technology started right after various inventions took place in different parts of the world. We all know about the humanoid robot SOFIA. In an interview, she talked about destroying humans if the creator commands her to do so. This news spread like rapid-fire and gave birth to the conspiracy theories like "By a certain year, SOFIA would destroy the entire human race and the world will be controlled by robots". If we look into the original statement given by SOFIA, she simply wants to say that she would perform and think according to the program inserted by the programmer, which is ideally how a machine or a robot should work. But people took the statement in the wrong sense and started building their theories on the topic.

OK. I will destroy humans.



Another example of conspiracy theory about technology would be that cell phone radiation or the use of networks such as 4G or 5G cause deadly diseases like cancer. Till now we don't have any proof or theories regarding the radiation of cell phones to increase the possibility of cancer. Regarding the network theories, it is found by studies that 4G or 5G networks are simply like the earlier invented networks and the radiations caused by these networks aren't powerful enough to damage the DNA which is the first step that causes cancer in humans. From the above examples, we can observe that the conspiracy theories of modern days don't have a solid base to support their existence and are simply a result of a lack of information about the topic. Such theories do not have a solid base of explanation or research analysis but end up creating an environment of confusion and fear among people.



CONSPIRACY THEORIES ABOUT BITCOINS

Janhvi Kumar FE EXTC B

Bitcoin is a cryptocurrency invented in 2008 (launched in early 2009) by an unknown person or group of people using the name Satoshi Nakamoto. It's been 13 years now, for a group of people under the pseudonym Satoshi Nakamoto who put together a piece of code that transfers value through the internet. Bitcoin is a type of cryptocurrency that offers the promise of lower transaction fees than traditional online payment mechanisms and, unlike government-issued currencies, it is operated by a decentralized authority. There is no physical bitcoin, only balances kept on a public ledger that everyone has transparent access to. All bitcoin transactions are verified by a massive amount of computing power. Bitcoin is not issued or backed by any banks or governments, nor is an individual bitcoin valuable as a commodity. Despite it not being legal tender in most parts of the world, bitcoin is very popular and has triggered the launch of hundreds of other cryptocurrencies, collectively referred to as altcoins. Bitcoin is commonly abbreviated as "BTC."

Unusual theories about bitcoins :

Bitcoin was created by the Chinese government



This theory draws its inspiration from the alleged claims that Bitcoin was created by the Chinese to destabilize U.S. dollars. The feud between the United States and China is the background on which this theory is built.

This theory suggests that the trick is to finally liquidate Bitcoin at its peak back to the U.S. dollars thereby causing hyperinflation and devaluation of the dollar. They had quickly backed up this theory by pointing to the fact that more than 50% of the world's mining computational power originates from China.



Bitcoin is a U.S government project

Despite the fact that the U.S government hasn't been very friendly with cryptocurrency, some groups of people still think Bitcoin was created by the U.S intelligence services to facilitate untraceable transactions to fund top-secret international missions.



This theory seems to be very popular and has attracted comments from influential figures in the blockchain industry. In 2011, Ethereum's co-founder Vitalik Buterin made a post on the popular BitcoinTalk forum hinting that he wouldn't be surprised if the National Security Agency (NSA) had been involved in the creation of the digital asset.



Bitcoin was created by an Asian company

There have been claims that four giant Asian companies were behind the creation of the world-famous digital assets, Bitcoin. Motorola, Samsung, Toshiba, and Nakamichi were believed to be the four companies that created the digital asset.



TOSHIBA



MOTOROLA

The theory draws its findings from the names of the four giant companies. The theory opines that the name "Satoshi Nakamoto" was coined from the name of the four companies. "Sa" from Samsung, "Toshi" from Toshiba, "Naka" from Nakamichi, and then "moto" from Motorola.



ARTIFICIAL INTELLIGENCE

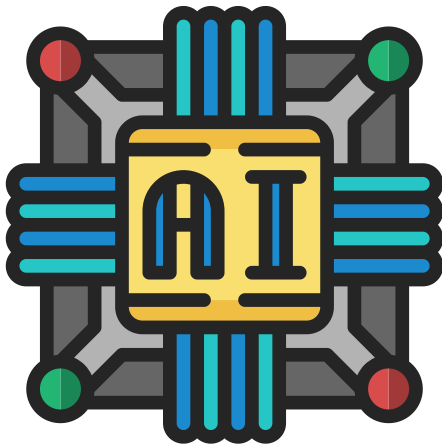
“Artificial Intelligence is the New Electricity”
– Andrew NG

Dishant Kumar SE CMPN A

AI Technologies making a Breakthrough in 2021, and Collaborative Intelligence as a Conclusion

Artificial Intelligence is one of the fastest-growing fields of technology in today's scenario. The rising number of connected devices and the advent of the internet have helped this technology progress exponentially. The AI craze is being fueled by emerging trends, and here are listed 5 of many new AI technologies believed to take innovation to the next level in 2021.

AI Optimized Hardware:



An AI-specific processor is an ordinary processor which is modified with particular systems to optimize performance for heavy tasks like Deep Learning. These have improved Graphics and CPUs that accelerate the next generation of application advancements. Eg. Easily portable AI-optimized silicon chips can be inserted into any device when the company needs to get information. Alleviate, Google, Cray, etc. are some of the companies generating AI-optimized hardware solutions.

Computer Vision:



An advanced technology that acts as a computer's eye. With the help of computer vision, machines accurately identify and classify objects into images, videos, and deep learning models. To some extent, computer vision can even exceed human visual abilities in many areas.

Text Analytics and NLP:



Text Analytics is an amazing technology. When supported with Natural Language Processing, text analytics can facilitate the understanding of sentence structure and meaning, sentiment, and intent through statistical and machine learning methods. Currently, text analytics and NLP are mainly used in fraud detection and security. The next big breakthrough in AI will be around language.



"In future AI systems, the interaction between humans and machines will be like evolutionary interactions between flowering plants and bees. "

- Amit Ray

Self-Driving Cars:



Completely automated cars are just a few steps away from daily usage. As an application of Computer Vision, this form of AI innovation will help reduce collisions and the burden on drivers. Besides, the car is controlled and powered with sensors that aid in mapping out the immediate environment of the vehicle.

Content Creation:



Humans take pride in engaging in the initial thought-provoking works. Surprisingly, this won't continue for a long time. Already, some brands like USA Today, Hearst, and CBS are utilizing technology to do the thinking work. In 2021, more intellectual AI machines will outrange such human abilities.

While Artificial Intelligence radically alters how work gets done and who does it, the technology's larger impact will be in complementing and augmenting human capabilities; not replacing them. According to research involving 1,500 companies, a firm achieves the most significant performance when machines and humans work together. This is known as **Collaborative Intelligence**, in which humans and AI enhance each other's complementary strengths.



This can happen only when companies understand the working and impact of Collaborative Intelligence for better productivity. For instance, humans can augment machines, and machines can enhance the human working experience.

Collaborative Intelligence partners with a person to achieve the desired goals. If used effectively, this challenging CI (Collaborative Intelligence) has the potential to make productive contributions in many human endeavors.





ARTSY CRAFTSY



Priya
Raut

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Rujuta Lanke
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Gauravi Bhagwat TE ETRX B



Ojas
Tambe
SE CMPN A



Samiksha
Pansare
SE CMPN B



Sanika Thakur

TE BIOMED



Damini Malpote

TE EXTC B



Anushka
Rane



SE
ETRX A





देवनागरी



क्रोधाद्भवति सम्मोहः सम्मोहात्स्मृतिविभ्रमः।
स्मृतिभ्रंशाद् बुद्धिनाशो बुद्धिनाशात्प्रणश्यति॥

मंज़िल

हैं ठाणा तूने कुछ,
तो सोच ना अब तू कुछ,
निकल चल मंज़िल की ओर,
पता नहीं जाना किस ओर,
पर रुक मत अब तू और।

अगर नहीं पता मंज़िल तुझे,
नहीं पता रास्ते तुझे,
पर अपने सपने पता हैं तुझे,
तो दिखाएंगे वे रास्ते तुझे।

तेरा बस एक काम हैं,
तुझे बस अब चलना हैं,
रास्तो में कई मुश्किलें हैं,
पर तुझे उनको पार करना हैं।

मुश्किलों से डर मत अब तू,
अपने सपनों का सोच तू,
कुछ दिनों तक दर्द सहेगा तू,
तभी तो सुकून पाएगा तू।

~Ankit Singh
TE CMPN B

संस्कृति और सभ्यता

हमारी संस्कृति वह विशिष्ट दर्शन और विचार है जो हमारे भूत, वर्तमान और भविष्य का सर्वांगीण श्रृंगार करती है, सजाती है और संवारती है। हमारी संस्कृति हमारे समाज का वह प्राण रस है जो सभी प्रकार की कठिनाइयों में उसकी प्राण रक्षा करती है और उसे सुरक्षित निकालकर ले आती है।

संस्कृति का मूल संस्कार में है। संस्कार का अर्थ है दोषमुक्त तथा गुणयुक्त करना। जब हम भारतीय संस्कृति के कुछ आधारभूत मुद्दों की बात करते हैं तो उनमें कई बातें सम्मिलित होती है जैसे, जीवन में सत्य का आग्रह, सर्व-कल्याण की भावना, विविध विचारों का सम्मान, महिलाओं के प्रति आदर, अतिथि की सेवा, माता-पिता तथा गुरु के प्रति श्रद्धा भाव आदि। भारतीय संस्कृति इन सभी भावों को समाहित कर के चलती है। देश के किसी भी कोने में हम चले जाएँ इन भावों के प्रति सर्वत्र सम्मान मिलता है, इसीलिए हम इसे भारतीय संस्कृति कहते हैं। संस्कृति समाज के अंदर गहराई से रची-बसी होती है। जिस प्रकार फूल में सुगंध रहती है, दूध में मक्खन रहता है, शरीर में आत्मा रहती है, उसी प्रकार समाज में सांस्कृतिक भाव बने रहते हैं। यह प्रत्यक्ष दिखाई नहीं देते किंतु आचरण और व्यवहार में प्रकट होते हैं। आज के

कर्मण्येवाधिकारस्ते मा फलेषु कदाचन । मा कर्मफलहेतुर्भूर्मा ते सङ्गोऽस्त्वकर्मणि ॥

समय में सभ्यता और संस्कृति को एक-दूसरे का पर्याय समझा जाने लगा है जिसके फलस्वरूप संस्कृति के संदर्भ में अनेक भ्रांतियाँ पैदा हो गई हैं। वास्तव में संस्कृति तथा सभ्यता अलग-अलग होती है परंतु इन दोनों में घनिष्ठ संबंध है। जो सुसंस्कृत है, वही सभ्य कहलाता है और जो सभ्य है, वही सुसंस्कृत।

यदि सभ्यता को शरीर कहें तो संस्कृति उसकी आत्मा है। सभ्यता का विकास बाह्य आवरण की तरह बदलता रहता है लेकिन संस्कृति का विकास हजारों वर्षों में हुआ है और दीर्घकालीन होता है। सभ्यता का आधार सभा में रहने लायक बनने से है। जिस प्रकार सिविलाइजेशन का अर्थ है नगरीय व्यवस्थाओं में मनुष्य को रहने के योग्य बनाना। सभ्यता और सिविलाइजेशन का मौलिक उद्देश्य मनुष्य के रहन-सहन, भोजन, मकान, वस्त्र, सुख-सुविधाओं आदि के विकास में सन्निहित है। इसी कारण विज्ञान, उद्योग, बाज़ार आदि के साथ सभ्यता बदलती जाती है लेकिन संस्कृति का विकास व्यक्ति के अंतर्मन के संस्कारों के साथ जुड़ा हुआ है। सांस्कृतिक आदर्श दीर्घकाल तक चलते हैं। संस्कृति स्वयं को अंदर से श्रेष्ठ बनाने का संकल्प लेकर चलती है वहीं सभ्यता बाह्य साज-सज्जा के संसाधन एकत्रित करती है। सभ्यता का संबंध जीवन यापन की

बाहरी सुख-सुविधाओं से है जबकि संस्कृति का संबंध मनुष्य के अंतर्भावों से जुड़ा है। सभ्यता का विकास शीघ्रता से होता है और सांस्कृतिक उत्कर्ष की कथा धीमी गति से आगे बढ़ती है। जो हर युग में बदलने को तैयार खड़ी रहती है वह सभ्यता है परंतु जो हजारों वर्षों की यात्रा करके भी जीवंत और व्यावहारिक है वह संस्कृति है। सभ्यता का उद्देश्य संस्कृति की संवाहिका बनने का होना चाहिए। संस्कृति साध्य है और सभ्यता साधन की भूमिका निर्वहन करती है।

संस्कृति की साधना अनंत आनंद का अनुभव कराती है जबकि सभ्यता भौतिक सुखों का सृजन करती है। सभ्यता बार-बार इंगित करती है कि 'आपके पास क्या है' परंतु संस्कृति यह बोध कराती है कि 'हम क्या हैं।' इस प्रकार सभ्यता और संस्कृति में शरीर और आत्मा का मौलिक अंतर होते हुए भी ये एक-दूसरे की पूरक हैं और मनुष्य के विकास के दो पहलू हैं। जब हम भारतीय संस्कृति की बात करते हैं तो हमें यह एहसास होता है कि यह हजारों वर्षों में निर्मित वह अमूल्य देवमणि है जो केवल भारत देश के पास ही है।

~Dishant Kumar
SE CMPN A

- नास्ति बुद्धिरयुक्तस्य न चायुक्तस्य भावना।
- न चाभावयतः शान्तिरशान्तस्य कुतः सुखम्॥

वे गुरु हैं



जिंदगी जीने का तरीका जो सिखाते,
वे गुरु हैं

खुद के पैरों पर खड़ा होना जो सिखाते,
वे गुरु हैं

हर मुश्किल, हर परेशानी से लड़ना जो सिखाते,
वे गुरु हैं

मेरी जिंदगी में ईश्वर के बाद जो आए,
वे गुरु हैं

आपसे ही तो ज्ञान पाया है
आपने ही तो हर मुश्किलों में
साथ निभाया है

रास्ते चाहे कितने भी खराब क्यों न हो
आपने ही तो चलना सिखाया है

मन मेरा, बुद्धि मेरी,
संस्कार तो आपने दिया
जीवन मेरा, राहें मेरी,
मार्गदर्शन तो आपने किया
जो बनाए हमें इंसान और,
बताए सही गलत की पहचान
और जिनकी वजह से है हमारी शान
ऐसे गुरु को मेरा प्रणाम ॥

~ Tanvee Jaiswal
SE ETRX A



स्वप्न



गृह्णाति तव सुस्वप्न, न कदचित् त्यजति आय
स्वाप अस्ति पक्षि तत् उड्डियते॥ स्वाप स्यात्
त्वं याग वस्तुनि तव प्रेम किन्तु एते याग
आशय कल्पयति आरोहण यावत औन्नत्य
भवान् अपमयते॥ इति न कदापि भवतः
सुस्वप्न उत्सदति तव उपविधि उत कल्पयति
तव दैनदिनक्रम तव स्वाप आयुस॥

अपने सपने को पकड़ो, उन्हें कभी मरने मत
दो। सपना वह पंछी है जिसे ऊंची उड़ान
भरनी चाहिए। सपने आपको उन चीज़ों का
त्याग कर सकते हैं जिनसे आप प्यार करते
हैं, लेकिन ये बलिदान आपको उस ऊंचाई
तक सीढ़ी बना देंगे जो आपको देना है। तो
कभी भी अपने सपने को अपनी दिनचर्या में
खो ना जाने दें, बल्कि अपने जीवन को
अपना सपना बना लो।

~Rugved Tatkar
FE CMPN B

त्रिविधं नरकस्येदं द्वारं नाशनमात्मनः ।

कामः क्रोधस्तथा लोभस्तस्मादेतत्त्रयं त्यजेत् ॥

धाडसी नक्की कोण?

धाडस हे आज उद्या मध्ये नाही शिकलं जात, धाडस लहानपणा पासून हृदयात पेरलं जातं आणि ते पेरण्याच काम माय बाप करतात. ते त्यांनी काल ही केलं होतं, आज ही करत आहेत आणि पुढे सुद्धा करत राहतील. मित्रांनो अशाच धाडसी माय बापाची कथा तुम्हाला सांगणार आहे, ज्यांच्यामुळे स्वराज्याच्या विशाल भिंतीला एक धाडसी विट मिळाली.

खूप वर्षां आधी दिलेरखानाने साल्हेर किल्ल्यावर चाल केली होती आणि महाराजांनी प्रतापराव गुजर आणि मोरोपंत पिंगळे यांना साल्हेर किल्ल्याचे रक्षण आणि किल्लेदाराची मदत करायला पाठवलं होतं. पण दिलेरखानाने तीच संधी साधून कानेरा गडावर चाल करून टाकली. दिलेरखान ६००० सैन्य घेऊन निघाला होता आणि कानेरा किल्ल्यावर फक्त ३०० मावळे. अरे कुठे ६००० कुठे ३०० तरी सुद्धा मावळे जिद्दी ने लढले आणि दिलेरखानाला पळता भुई थोडी केली.

पण कानेरा किल्ल्याचे किल्लेदार म्हणजेच रामोजी पांगेरा ते त्या लढाईत कामी आले. महाराजांना ही बातमी कळताच महाराज विश्वास वर स्वार होऊन निघाले कोरगावकडे, जिथे रामोजीचा परिवार रहात असे. बातमी कोरगाव पर्यंत पोहोचली. रामोजी चा बाप म्हणजेच मारुती पांगेरा च्या

घरा समोर सर्व गाव गोळा झाले. महाराजांनी आत प्रवेश केला आणि तेवढ्यात रामोजी पांगेराची आई दारात आली आरती करायला. ते दृश्य बघून महाराज म्हणाले "अहो आई, आरती कोणाची करताय, मी सांत्वन करायला आलो आहे." त्यावर आई म्हणाली "राजे आज माझा मुलगा शहीद झाला म्हणून तुमचे पाय आमच्या घराला लागले आरती करून घ्या." आरती करून झाली, म्हाताऱ्या माणसाने घोंगडी अंथरली. राजे घोंगडी वर बसले आणि राजे म्हाताऱ्याला म्हणाले "आबा तुमच्या मुलासारखा शूर योद्धा जाण्याचं दुःख तर आम्ही कमी करू शकत नाही पण", महाराजांनी हाताचा इशारा करताच मोरोपंत पिंगळे सोन्याचे होन घेऊन समोर आले. ताटा कडे बघून म्हातारा माघे झाला आणि म्हणाला "राजे पैसे अजिबात नको पण काही करायचं असेल तर हा माझा लहान मुलगा रुपाजी याला सुद्धा स्वराज्यात घ्या. हा जरी शहीद झाला तरी चालेल, पण स्वराज्य जिवंत राहिला पाहिजे स्वराज्य!"

बघा मित्रांनो ही भावना त्या काळातल्या माय बापाने पेरली जी आज सुद्धा हेमंत करकरे, अशोक कामटे, विजय साळसकर, तुकाराम ओमले यांच्या माय बापा मध्ये बघायला मिळते. ह्यांना घडवणारे जर हे माय बाप नसते, तर कदाचित आज आपला देश असा नसता. मग आता मी तुम्हाला प्रश्न करतो की खरे धाडसी नक्की कोण?

जय जिजाऊ जय शिवराय!!

- आपूर्यमाणमचलप्रतिष्ठं समुद्रमापः प्रविशन्ति यद्वत् ।
- तद्वत्कामा यं प्रविशन्ति सर्वे स शान्तिमाप्नोति न कामकामी ॥

11 इंसाफ 11

नेकी का अगर ईरादा हो
तो अंजाम तक खुदा पहुंचाएगा ।
काटों से भरे तेरे रास्तों पर
मखमल की चाधर वो बिछाएगा ।

उस तपती धूप में जलते तेरे बदन को
थंडक भरी छाव वो दिलाएगा ।
सुंखे तेरे लबों को
मीठा पानी वो पिलाएगा ।

सरे आम नीलाम हुई तेरी आबूं पर
इज्जत की चाधर वो ओढ़ाएगा ।
उस अल्लाह की रहमत पर
कभी शक मत करना ।
नेकी करने वाले हर इंसान को
इंसाफ़ वो खुद दिलाएगा ॥

~Muskan Shaikh
FE EXTC A

मनोवकाश

रोखून चांदण्यांनी भरलेल्या
आभाळाला पाहताना.. विचारतेय मी
मनाला.. ,
तूच नाहीस का
आभाळासारखं? अनंत, अजब, खोल आणि
गडद.. - आपल्या स्वजनांच्या
मायेसारखं..
आणि या लुकलुकणाऱ्या चांदण्या जणू या
मनोवकाशातील अनमोल आणि सुंदर
क्षण..
तो चंद्र म्हणजे आपला त्यातला आनंद
रात्रीच्या विश्वाला शोभा
आणणारा.. कलेकलेने वाढणारा आणि
कमी होणारा...
कधी या मनात
अमावस्येच्या गच्च - काळोखासारखं दुःख
तर कधी पौर्णिमेच्या शुभ्र
रेखीव चंद्राच्या शोभेसारखा अत्यानंद... या
अखंड आभाळाकडे खोल पाहावं तर अत्यंत
शांत वाटतं..
जणू निसर्ग सांगतोय की मन आणि
आभाळ सारख्याच गोष्टी!
एकमेकांत विलीन होतायत
आणि चंचल , वेगवान मन शांत
होतंय.. अन् मन हाच सारखेपणा
अनुभवण्यात गुंग झालंय...

~Snehal Lohar
FE CMPN A

युक्ताहारविहारस्य युक्तचेष्टस्य कर्मसु। युक्तस्वप्नावबोधस्य योगो भवति दुःखहा॥

हिचकोले लेती बारिश की बूंदे

कुछ तो बात थी बारिश की बूंदों में उस समय में, उस जून के महीने में। यूं ही नहीं वह बारिश की बूंदे जब जमीन पर गिरती थी तो मानो ऐसा लगता था जैसे कि हमारी रूह की इच्छाओं को निचोड़ कर हवा में उड़ा दिया गया हो। मानो जैसे बारिश की बूंदे ज़मीन पर गिरती हो और तुम्हें अपने अस्तित्व का एहसास हो, वह सब खट्टी मीठी यादें तुम्हारे मन में घर करें और तुम्हें उस चक्रव्यूह से बाहर निकाले, तुम्हारे मन की इच्छाओं को रोक कर रखा हो। ऐसा ही तो होता है जुलाई का महीना। मन तो इतना चंचल है कि कभी इधर तो कभी उधर भटकता रहता है। जहां शांति मिल जाए बस उधर ही ठहर जाता है और पुनः प्रयत्न करता है उधर ही बस जाने का। एक संगीत एक चलचित्र या किसी एक नाम के वर्णन मात्र से मन इतना विचलित हो जाता है। सवाल तो यहां उन जुलाई के महीनों का है जिसने हमें यादें और कई रोचक घटनाओं से अवगत कराया है, तो मन विचलित कैसे ना हो? शहर के किसी कोने में अपनी खिड़की से सिर टिकाए और शांति से बैठी रितिका (काल्पनिक नाम) खिड़की से बाहर बारिश की बूंदों को एकटक देखती रहती है। मन को झकझोरती है और अश्रू की बूंदे उसकी आंखों से छलक कर बारिश की बूंदों की भांति बिना रुके बस गिरते जाती हैं। उसका मन जब भी व्यथित बैठा होता है तो बस उसकी यादों में खो जाता है।

जुलाई का महीना और यह बारिश की बूंदे उसे बस उसकी याद दिलाती हैं। जिसने जिंदगी भर साथ देने की कसम खाई थी और इसी बारिश के महीने को अपने मन की बात कहने के लिए चुना था। घुटनों पर बैठकर इतनी प्रतीक्षा करने के बाद कोई हाथ मांगेगा तो भला कैसे रितिका जैसी सीधी-सादी लड़की जिसे दुनिया का कोई ज्ञान नहीं था ना बोल पाती। अश्रू तो उस वक्त भी बहे थे किंतु उत्साह और प्रफुल्लित होकर रोने में और दर्द समेटे आंसू बहाने में बहुत ज्यादा अंतर होता है। वह प्यार में धोखा खाए हुए एक लड़की के आंसू नहीं थे बल्कि अपनी इच्छा और भोलेपन का मजाक उड़ने पर बहने वाले आंसू थे।

रितिका का भाई ऋषभ (काल्पनिक नाम) जो सिर्फ 10 वर्ष का है अपने दोस्तों के साथ घर की छत पर बारिश में नाचता हुआ दिखाई देता है। बच्चे कितने चंचल होते हैं। समय की अहमियत नहीं समझते इसीलिए जी भर के अपने समय को खेलकूद में लगा देते हैं। ठीक ही तो है काम में व्यस्त बड़े बुजुर्ग कब अपनी इच्छा के अनुसार मनोरंजन कर पाते हैं? बस काम की भागा दौड़ी में ही लगे रह जाते हैं और यादों में अपने जी को समेट जिंदगी काट लेते हैं यादों के सहारे नई पुरानी यादों को याद करके जीवन गवा देते हैं।

ऋषभ की जिंदा दिल माताजी उसे गरम गरम पकौड़े खाने के लिए छत पर से नीचे बुलाती हैं। शीतला जी (काल्पनिक नाम) भले ही ज्यादा पढ़ी-लिखी ना हो किंतु समय रहते जिंदगी की छोटी-छोटी चीजों में खुशियां ढूंढ

तद्विद्धि प्रणिपातेन परिप्रश्नेन सेवया।
उपदेक्ष्यन्ति ते ज्ञानं ज्ञानिनस्तत्त्वदर्शिनः॥

ही लेती थी। जुलाई का महीना हो और पूरे मोहल्ले को पकोड़े ना खिलाए ऐसा हो ही नहीं सकता था। शीतला जी हर समय को खुशियों से भर देना चाहती थी।

बारिश का महीना हो या भीनी भीनी ठंड वह हर समय हर मौसम का उचित आनंद उठाती थी। वही उनके पति रमन जी (काल्पनिक नाम) काम की भागदौड़ में इतने व्यस्त कि कभी-कभी यह भूल जाए कि कौन सा महीना चल रहा है जन्मदिन, सालगिरह, या कोई अनोखा मौसम हो उन्हें कुछ खास फर्क नहीं पड़ता था। एक ही परिवार के वे चार लोग और एक दूसरे से कितने भिन्न! यही भिन्नता संसार में हर जगह हर समय मौजूद है।

मानव व्यवहार हर व्यवस्था में एक प्रकार का नहीं रहता। गुस्सा, प्यार, घबराहट आदि यह सब तो बस गिने-चुने व्यवहार हैं, वास्तव में 25 से भी ज्यादा व्यवहार मानव जीवन में उपस्थित हैं। बारिश का यह जुलाई का महीना तो मानो इन सारे भावनाओं को मन से निचोड़कर बाहर निकालने का निमंत्रण देता है। बारिश से आई शांति कह लो या तूफान से आई अशांति दोनों ही मनुष्य के मन को विचलित करता है अर्थात् उनके व्यवहार बदलने में सज्ज है। चाहे वह बारिश को देख कर पुरानी यादों को जीना हो या फिर बारिश को देखकर मस्ती का माहौल बनाना हो। तथ्यों और खोजों से हम यह तो साबित कर देंगे कि ज्यादातर मनुष्यों की भावनाएं किस समय कैसे बदलती हैं किंतु आपके मन में क्या चल रहा है यह रहस्य तो सिर्फ आप बुझा सकते।

इस कोरोना वायरस के काल में हम सब घर पर रहने के लिए विवश हैं ना वह सड़कों पर बारिश में भीगते हुए भागने का शौक है ना ही वह बारिश में सड़क किनारे लगी वड़ा पाव खाने पर घरवालों की डांट सुनने का भय और ना ही बारिश में दोस्तों के साथ कॉफी पीने की आशा। बस बारिश को एकटक देखते रहना और सब ठीक हो जाए यह आशा लिए हम सब आजकल विषद है। उदासी अथवा खिन्नता जैसी भावनाओं से गुजर रहे हैं। और कर भी क्या सकते क्योंकि उन लम्हों को दोबारा जीना वास्तव में मुमकिन नहीं है। बड़े कहा करते थे कि जब हम हिचकोले लेते हैं इसका मतलब है किसी ने उस समय याद किया है। अगर यह सच है तो सबसे ज्यादा हिचकोले जो इस समय इस जुलाई के महीने में बारिश की बूंदे ले रही होंगी।

(परिशिष्ट भाग- लिए गए सारे नाम वास्तव में काल्पनिक हैं)

यदा यदा हि धर्मस्य ग्लानिर्भवति भारत।
अभ्युत्थानमधर्मस्य तदाऽऽत्मानं सृजाम्यहम्॥

कुछ इस तरह

रब ने मेरा रिश्ता उसके साथ कुछ ऐसा बनाया है,
की उससे ज़्यादा खूबसूरत, मैंने जिंदगी में ना कोई और पाया है।
बड़ी से बड़ी गलती पर भी, सिर्फ उसने मुझे अपनाया है,
और, कुछ इस तरह उस खुदा ने मेरी मां को बनाया है।

मेरी छोटी छोटी चीजों पर भी उन्हें बड़ा नाज है,
मेरी बेरंग गंदी तस्वीर को भी उसने दुनिया के सामने सबसे खूबसूरत बतलाया है,
कभी गुस्से में कह दूं मैं कि मुझे भूख नहीं है,
तो उसने अपनी थाली में से एक कौर मम्मी का, एक कौर पापा का कहकर खाना भी खिलाया है।
गलतियां करने पर भी मां ने मुझे हमेशा प्यार से समझाया है,
कुछ इस तरह उस खुदा ने मेरी मां को बनाया है।

बचपन में जो उंगली पकड़कर चलती थी मेरा, आज उसी ने अकेले चलना सिखाया है।
किसी दर्द को छुपा लूं मैं तो ना जाने कैसे उसी वक्त उसका कॉल आया है।
“मेरी बहादुर बच्ची, तू कर लेगी” कहकर उसने मुझे हौसला दिलाया है।
कभी खिलौने से खिलाया है कभी आंचल में छुपाया है,
और, कुछ इस तरह उस खुदा ने मेरी मां को बनाया है।

बचपन में खिलौने तोड़ने पर, पापा की पिटाई से भी बचाया है,
गलती चाहे मेरी हो मगर फिर भी, उसने मुझे मनाया है,
मेरी जिंदगी में मुझे उससे ज़्यादा कोई समझ नहीं पाया है।
आज जो कुछ भी हूं वह मैंने सब अपनी मां से पाया है
और, कुछ इस तरह उस खुदा ने मेरी मां को बनाया है।

बहुत खुश नसीब है वह जिनके सर पर मां का साया है,
शुक्रगुजार हूं उस खुदा का जिसने मेरी मां से मिलवाया है,
क्योंकि मैंने जन्नत तो कभी नहीं देखी,
मगर मेरी मां ने मेरी जिंदगी को जन्नत बनाया है।

कर्मजं बुद्धियुक्ता हि फलं त्यक्त्वा मनीषिणः ।
जन्मबन्धविनिर्मुक्ताः पदं गच्छन्त्यनामयम् ॥

माणूस कधी शिकेल देवा

माणूस कधी शिकेल देवा, माणसा सारखं वागणं,
मरण झालय सोपं, इथे कठीण झालय जगणं
माणूस कधी शिकेल देवा, माणसा सारखं वागणं,
अरे कित्येक जण मरुन गेले या कोरोनापाय
रजा समजून मजा करतोय तुला कळत कसं नाही
डॉक्टर, सिस्टर, पोलीस यांना मुश्किल झालंय
स्वतः च्या घरच्यांना पाहणं,
माणूस कधी शिकेल देवा, माणसा सारखं वाग
देशात मरतोय, राज्यात मरतोय, शेजारचा मरतोय
तरी पण हा कारण शोधून घराबाहेर पडतोय
अरे पोलीसांना आवडत का तुला असं मारणं
माणूस कधी शिकेल देवा, माणसा सारखं वागणं
सगळे सांगतायत की घरात थांब घरात थांब
कोरोना ची लागण झाली तर जाशील किती लांब
तुझ्या घरच्यांना पण मुश्किल होईल
तुला शेवटचं बघणं, तुला शेवटचं कुरवाळणं

~Shweta Dhage
SE INFT A

श्लोक हिंदी अनुवाद

अध्याय श्लोक

अनुवाद

2 63

क्रोध से उत्पन्न होता है मोह और मोह से स्मृति विभ्रम। स्मृति के भ्रमित होने पर बुद्धि का नाश होता है और बुद्धि के नाश होने से वह मनुष्य नष्ट हो जाता है।

2 47

कर्म करने मात्र में तुम्हारा अधिकार है? फल में कभी नहीं। तुम कर्मफल के हेतु वाले मत होना और अकर्म में भी तुम्हारी आसक्ति न हो।

2 66

संयमरहित अयुक्त पुरुष को आत्म ज्ञान नहीं होता और अयुक्त को भावना और ध्यान की क्षमता नहीं होती। भावना रहित पुरुष को शान्ति नहीं मिलती अशान्त पुरुष को सुख कहाँ ?

16 21

काम? क्रोध और लोभ -- ये तीन प्रकारके नरकके दरवाजे जीवात्माका पतन करनेवाले हैं? इसलिये इन तीनोंका त्याग कर देना चाहिये।

2 70

जैसे सम्पूर्ण नदियोंका जल चारों ओरसे जलद्वारा परिपूर्ण समुद्रमें आकर मिलता है पर समुद्र अपनी मर्यादामें अचल प्रतिष्ठित रहता है। ऐसे ही सम्पूर्ण भोगपदार्थ जिस संयमी मनुष्यमें विकार उत्पन्न किये बिना ही उसको प्राप्त होते हैं वही मनुष्य परमशान्तिको प्राप्त होता है भोगोंकी कामनावाला नहीं।

6 17

जो खाने, सोने, आमोद-प्रमोद तथा काम करने की आदतों में नियमित रहता है, वह योगाभ्यास द्वारा समस्त भौतिक क्लेशों को नष्ट कर सकता है।

4 34

उस (ज्ञान) को (गुरु के समीप जाकर) साष्टांग प्रणिपात प्रश्न तथा सेवा करके जानो ये तत्त्वदर्शी ज्ञानी पुरुष तुम्हें ज्ञान का उपदेश करेंगे।।

4 07

हे भारत जबजब धर्म की हानि और अधर्म की वृद्धि होती है तबतब मैं स्वयं को प्रकट करता हूँ।।

2 51

कर्म तो फलके रूपमें परिणत होता ही है। ... ऐसे ही कोई निष्कामभावपूर्वक कर्म करता है तो उसको कर्मका फल तो मिलेगा ही।



MENTAL HEALTH

BREAKING THE ICE AROUND MENTAL HEALTH

Mental health and self-care have always been an uncomfortable topic for many individuals, but over the years there have been a lot of changes and people are now mature enough to handle this 'Fragile' topic.

In recent years, we have seen many people sharing their stories about mental health and its importance. A thoughtful quote by Fred Rogers, an American TV host says, "Anything that's mentionable is human and anything that is mentionable can be more manageable. When we talk about our feelings, they become less overwhelming, less upsetting, and less scary." But, what exactly is mental health? According to WHO "Mental health is a state of well-being in which an individual realizes his or her abilities, can cope with normal stress in life, can work productively, and is able to contribute to his or her community." Mental health is "more than just the absence of mental disorders or disabilities." Peak mental health is about not only avoiding active conditions but also looking after ongoing wellness and happiness.

There are several reasons why our mental health can be at risk. Some of these reasons are- social and financial circumstances, biological factors, and lifestyle choices. All of these factors can shape one's mental health. It is important to note that, everyone has some risk of developing a mental health disorder, no matter their age, sex, income, or ethnicity. Socio-economic factors and biological factors also come under the reasons why one can be at risk. Mental health is one of the most ignorant topics for the current generations as most of them are unaware of the true meaning and consequences of bad mental health. Students and sometimes their parents need to understand the pros and the cons of mental health for enhancing the bonds they have with their children.

As every coin has two sides, even mental health can be both; negative as well as positive. Positive mental health is considered when a person is optimistic towards the hurdles he is facing and tries to stay productive and contributive by the actions he is performing. On the other hand, a person having bad mental health may end up making things worse and blaming himself for the actions. So it is clearly visible that mental health is an important aspect of our life. If taken lightly or underestimated it may lead to taking up wrong decisions wherever required and may cause a lot of mental destruction.

Talking about the causes of both good and bad mental health, it can be said that doing productive things, living in a positive and joyful environment may lead you to a good mindset. Listening to joyful music or songs that calm your soul can contribute a lot to your mental health. On the other hand, songs that emphasize more negative things or reading books that can have a negative effect on you can lead you towards bad mental health. Mental health issues are majorly faced by teenagers or people who stress a lot about their work or a certain topic. During the teenage years, a lot of students get exposed to peer pressure which builds a lot of negative energy inside them. They start comparing themselves with others and end up trying to imitate them. Similarly, a man working towards a goal may face a lot of criticism from others.

In such cases, either the person ends up with bad mental health and loses his confidence or he simply keeps working hard and maintains his stability and good mental health.

There is no physical scan or test that can prove a mental illness. But there are certain symptoms one should watch out for. These include withdrawing from friends, family, and colleagues, avoiding activities that they would normally enjoy, sleeping too much or too little, eating too much or too little, feeling hopeless, having consistently low energy, using mood-altering substances, consuming alcohol and nicotine; more frequently displaying negative emotions, being confused, being unable to complete daily tasks, such as getting to work or cooking a meal, having persistent thoughts or memories that reappear regularly, thinking of causing physical harm to themselves or others, hearing voices and experiencing delusions.

Mental health has been hidden behind a curtain of stigma and discrimination for a long time. The magnitude, suffering, and burden that costs an individual, families, and societies are staggering. A survey taken by WHO states that nearly, one in four people in the world will be affected by mental or neurological disorders in their lives. Around 450 million people currently suffer from such conditions worldwide. Treatments are available, but nearly two-thirds of people with a known mental disorder never seek help from a health professional. It is the stigma, discrimination, and neglect that prevents care and treatment from reaching people with mental disorders. Rather than bashing people for seeking help, we as a society should encourage them instead.

Mental illness like depression should be taken seriously because as mentioned before it's not like a physical injury that can be seen through naked eyes. Physical injuries are visible. We can immediately address those or we can go to the doctor and get these cured, but this does not happen in the case of mental health issues. Mental illness is not overtly visible to get medicines, precautions, and cures on our own.

Self-realization and acceptance take time. Accepting the fact that this anxiety, tiredness, loneliness are not just for a couple of days but for a considerable period and it needs to be addressed with the help of some professional, has to be decided wisely.

Deterioration of mental illness eventually leads to degradation of physical health. One starts to avoid himself/herself from all social activities, family, friends and tends to live lonelier. Mental and physical health work side by side. If one gets disturbed, then the other can no longer stay as it is or completely healthy. If we are physically fit, then our mental health is good in the same proportion and vice versa.

Now the question arises as to what can be done to counter someone dealing with bad mental health. What, we as a society, can do to help people who experience mental disorders? There are various methods for managing mental health problems. Treatment is highly individual, and what works for one person may not work for another. Some strategies or treatments are more successful in combination with others. A person living with a chronic mental disorder may choose different options at various stages in his/her life. The individual needs to work closely with a doctor who can help him/her identify their needs and provide them with suitable treatment. Treatments can include: psychotherapy, or talking therapies, medication, and self-help.

Self-help also plays a vital role in healing. A person coping with mental health difficulties will usually need to make changes to their lifestyle to be well.

Such changes might include reducing alcohol intake, sleeping more, and eating a balanced as well as nutritious diet. People may need to take time away from work or resolve issues with personal relationships that may be causing damage to their mental health. People with conditions such as anxiety or depressive disorder may benefit from relaxation techniques, which include deep breathing, meditation, and mindfulness. Having a support network via self-help groups or close friends and family, can also be essential to recover from mental illness.

We as a society need to understand that mental health is as important as physical health. We need to start empathizing and loving those whom we don't understand completely. Whether it's a quick social media post or a late night conversation with a loved one in desperate need of support, or simply reaching out, speaking, showing love and listening will be a shaft of light for them. Introduce them to positivity. Providing them good and joyful books to read, helping them in their chores, and motivating them at frequent intervals can act as a cherry on the cake. It is very important to stay strong and stand up efficiently when one faces problems in life. Such cases depict the true importance of one's mental health. Rather than alienating people who suffer silently every day, we need to openly talk about mental health, start educating ourselves and others, being conscious of our language, and choosing empowerment over shame.

~ Aabha Kadam FE ETRX A

~ Tanvi Gadgil FE EXTC A

PEACEFUL

OVERCOME

SUPPORTIVE

SHINE

GRATITUDE

WORTHY

MENTAL
HEALTH

IT'S OKAY TO NOT BE OKAY!

Just because
you're struggling
doesn't mean
you're failing!
You can do it!

You'll never know
your potential until
you start believing
in yourself.

**"If you want to
conquer the anxiety
of life, live in the
moment, live in the
breath." — Amit
Ray**

It's okay to just switch
off and disconnect with
the world once in a
while. Take a break
and energize.

"Healing takes time,
and asking for help
is a courageous
step." Mariska
Hargitay

"There is hope,
even when your
brain tells you
there isn't." —
John Green

**Mental Health is just
as important as
physical health. It
might take time to
fight your mental
illness, but don't
worry, everyone has
their own journey.**

Doing what you
love can help
you calm down
and reduce
anxiety.

It's okay to talk about
what you're going
through with someone.
Reach out for help
when required, you're
not alone!

"Self-care is
how you take
your power
back." — Lalah
Delia

Take a deep
breath, unclench
your jaw and
relax your
shoulders.

**Your gender
doesn't
matter, your
mental health
does.**

MOVIES THAT PORTRAYED THE CONCEPT OF MENTAL HEALTH WITH CLASS

College life is the time when you meet new people and make everlasting memories with them. Enjoy the journey without worrying about the destination. If you're going through something talk to your loved ones. No matter what you go through in life, suicide is not the solution. Your life is precious, think about your family and friends. The society that we live in will give us tags but it's up to us on how we overcome those stereotypes and create a life we desire. This movie beautifully shows this misconception in the students' minds. It is okay if you fail the exam. Don't let just a single exam decide whether you are a failure or a success.



This movie takes us through those mixed emotions we experience when we're not exactly an adult but not a teenager as well. We're stuck somewhere in between trying to untangle the pieces. We're conditioned to believe that to achieve our dreams, we must excel at every juncture of our life; which may not be same for everyone. Take control of your life and choose the path that aligns with your goal. Instead of looking for perfection, celebrate imperfection. Sometimes we fall out with our parents, but in the end, all of us are humans and they'll always be our biggest supporters.





HOPE

This movie is more about how we often let ourselves be defined by society and jump into the race of making ends meet, thinking that is what life is about. It represents how each one of us has a story to tell which needs to be told and understood. Most of the time, we hand over our life's reign to someone else, when in reality, that power lies, or at least should, within ourselves. Dreams remain where they are. In their pursuit, never let your parents, friends, or mentors become less important. Share your plan with them, and convince them. Trust "your people" as parachutes, not the story-telling baba from childhood, and then jump off for your dreams! Keep a balance between your professional and personal life.

MINDFUL

KEEP GOING

BELIEVE

BREATHE

The movie looks at the reality of mental illness in high school teenagers. It shows the grim reality of living through a mental illness and having to deal with people who do not understand or care to understand. This movie “normalizes” what Charlie goes through and shows him that there are people that care and understand. There are situations that aren’t under our control, people may leave and you might not have figured everything out. It’s alright to feel this way, there are many out there who face such constant battles and it’s okay to not be the perfect version of yourself all the time.



You wouldn't think a movie set in a mental health hospital could be a comedy. However, this well-crafted film tells the story of 16-year-old Craig who checks himself into a psychiatric ward because of his depression and suicidal ideation. He ends up staying in the adult unit because the youth wing is under renovation. The hospital is not a scary place and the patients are not portrayed as “mad” or “insane”—it’s a safe place where people struggling are getting help, and using humor as a relief from the serious conditions that brought them there. This Hollywood approach to a psychiatric unit may be more comical than any real-life scenario, but it helps normalize the fact that sometimes people need this level of care.

This quirky animation personifies the different emotions inside a young girl's mind. Characters Joy, Sadness, Anger, Fear, and Disgust try to help Riley through her family's move to San Francisco. The emotions learn to work together to help Riley process the turmoil of adjusting to her new life. *Inside Out* is a clever, modern, and well-made film that puts mental health into a new context.



MANAGING THE EFFECTS OF ISOLATION: THINGS YOU CAN DO TO HELP YOURSELF AND YOUR LOVED ONES STRUGGLING WITH MENTAL ILLNESS

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- **Proactively manage your stress threshold:** Try to lay a solid foundation for your mental health and well-being by prioritizing your sleep, and practice good sleep hygiene, eat well and exercise. It'll lower your stress levels, help you to better regulate your emotions, and improve your sleep. Do keep up with the Instagram trend of SLEEP EAT EXERCISE REPEAT!
 - **Voices should be heard:** Listen to your dear ones, their silence, their laughter, their cries without belittling their struggle, and let them know you are there and there's light at the end of the tunnel.
 - **Know your red flags:** One way to manage moments of distress is to identify key thoughts or physical sensations that tend to contribute to your cycle of distress and feelings of being overwhelmed. Our thoughts ("Why can't I concentrate?"), feelings (frustration, worry, sadness), physical sensations (tension, upset stomach, jitters), and actions (such as compulsively checking the latest COVID statistics) each feed into and amplify these negative emotional spirals.
 - **Educate yourself and those around you:** Sometimes if you see anyone close to you going through mental health issues, educate yourself regarding their specific illness and hold their hand through the tough times. Break the stigma of mental health.
 - **Routine is your friend:** It helps to manage anxiety and will help you to adapt more quickly to this current reality. Create clear distinctions between work and non-work time, ideally in both your physical workspace and your headspace. Find something to do that isn't related to work that brings you joy. Working in short bursts with clear breaks will help to maintain your clarity of thought.
 - **Don't feel helpless:** You should know that there's a limit to what you can do as of now. The world out there is in the worst phases but you can't control everything. The best you can do is take care of your loved ones and yourself. You can create a difference by sending information and tips from verified sources.
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- Be compassionate with yourself and with others: There is much that we cannot control right now, but how we talk to ourselves during these challenging times can either provide a powerful buffer to these difficult circumstances or amplify our distress. This pandemic will cause a lot of stress for many of us, and we cannot be our best selves all the time. But we can ask for help or reach out when help is asked from us. Each one of you matter.
 - Spend some quality time: Sit down with your loved ones. Sip some tea, bring over some cupcakes and watch a movie.
 - Maintain connections: Even the most introverted of us need some sense of connection to others for our mental as well as our physical health. We are in social isolation, but we need not feel alone. Reach out to those who might be particularly isolated.
 - Manage uncertainty by staying in the present: Take each day as it comes and focus on the things you can control. Mindfulness and meditation can be great tools.
 - Take a break: You're allowed to take a break. Switch off mobile phones/ laptops and close your eyes for 2 minutes and breathe! Get back to a book you stopped midway or pick up a new hobby.
 - It's going to be okay: Remember it's okay to wake up and want to go back to sleep again. It's okay to take your time and go slow.

Healing from mental illness is not an easy process, there will be many times you or your loved ones might want to give up. Be there for them, be there for yourself. Seek help whenever required. Together, if each one of us breaks the taboo surrounding mental health and spreads awareness, this world will be a much better place to live.

~ Riya Modi FE BIOMED

~ Eshika Purohit SE CMPN B

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ADVENTURE SPORTS



ADVENTURE REDEFINED

-Saumya Singh TE CMPN B

The phrases “adventure sport” or “extreme sport” are used to classify certain activities that feature a high level of danger. These activities often involve speed, height, a high level of physical exertion, and high specialized gear or spectacular stunts. These adventure sports can be competitive or non-competitive and often involve individual participants, rather than teams.

Water Sports

When surfing or bodyboarding, a participant tackles tantalizing ocean waves using only his body and a board. Surfers use an extremely long board, while bodyboarders use a much smaller board. If you want to ditch the board for a boat, opt for extreme canoeing or white water rafting. With both sports, participants use a boat and paddles to tackle the dangerous whitewater rapids. With extreme canoeing, the boat is typically narrow and wooden, while white water rafting involves a large inflatable raft. Other adventure water sports include cliff diving, barefoot water skiing, windsurfing and scuba diving.

Mountain Sports

The mountains are a prime place for adventure sports year-round. During the warm months when the snow has melted away, adventure sports athletes take to the mountains for mountain biking and rock climbing. On a mountain bike, riders tackle rough terrain and downhill trails. With rock climbing, climbers scale natural rock formations using their hands and a few pieces of specialized equipment to prevent fatal falls.

Winter Sports

If water is a bit too tame for your interests, take on its frigid, freezing sister. During the winter, adventure sports enthusiasts take on snow and ice in a variety of extreme winter sports. Similar to rock climbing, ice climbing involves scaling the side of a frozen waterfall or solid ice glacier. On the other hand, ice boating involves racing a boat fitted with skis over frozen waters. Although snowboarding is considered an adventure sport, some participants take it to the extreme by jumping out of a helicopter onto the snowy slopes. Other adventure winter sports include extreme skiing and snowmobiling.

Air Sports

If you prefer the feel of wind, rather than water or earth, try your hand at an extreme air sport. Generally, these sports involve throwing your body into the air at an extremely high elevation. Base jumping or skydiving involves jumping from a building, antennae, bridge, cliff or airplane, and using a parachute to sail safely to the ground. Although bungee jumping also involves jumping into the air from a significant elevation, participants are connected to a large elastic cord, which prevents them from hitting the ground. Various other adventure air sports include hang gliding, sky surfing and high wire (tight rope) walking.



Bungee Jumping

Bungee jumping is an action-filled recreational activity that involves head-first jumping from a tall structure with an elastic cord attached to participant's feet. That tall structure can be a building, crane, bridge, or even a helicopter. The first modern bungee jump was in 1979 and since then the sport became widely popular. Bungee jumping is one of the most enjoyed extreme sports and available in almost every destination in the world.

This fun activity is made for that adrenaline junkie, who is looking for an experience that will be memorable. Bungee jumping is an unforgettable experience, even though it is an activity most people engage in it only once in their lifetime.

Must visit places in India to try your hands on Bungee Jumping

Rishikesh

Location: Jumping Heights, situated in Mohan Chatti village, Rishikesh

Price: INR 3,000 per person

Bungee Jump elevation: 83 Mtrs

Minimum Age: 12 years



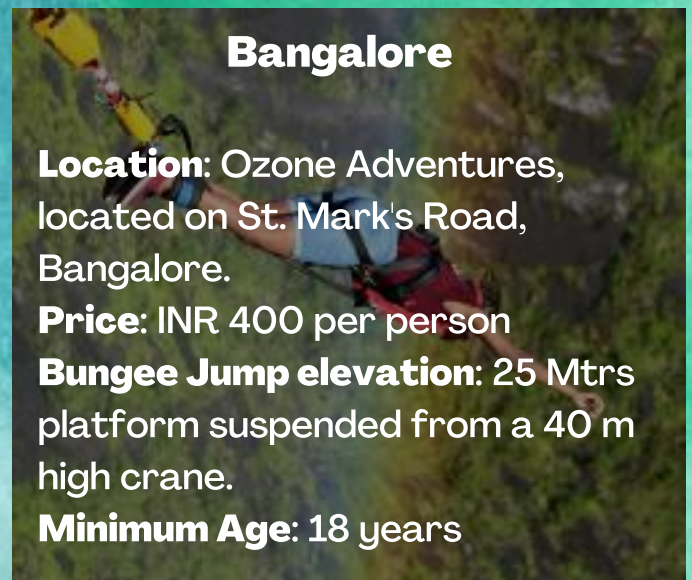
Bangalore

Location: Ozone Adventures, located on St. Mark's Road, Bangalore.

Price: INR 400 per person

Bungee Jump elevation: 25 Mtrs platform suspended from a 40 m high crane.

Minimum Age: 18 years



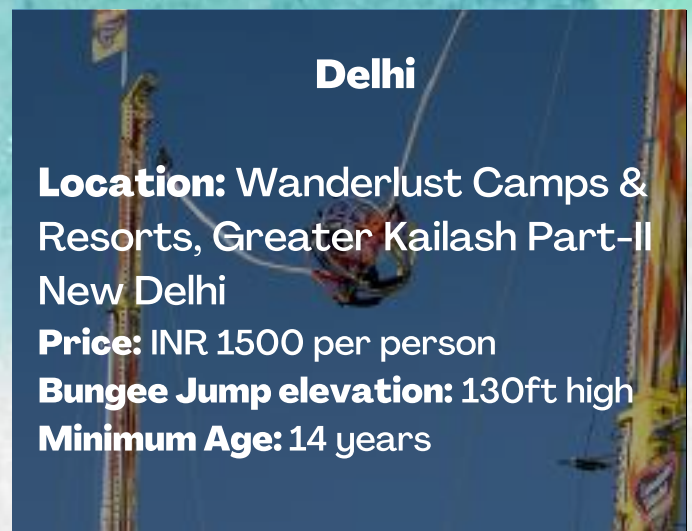
Delhi

Location: Wanderlust Camps & Resorts, Greater Kailash Part-II New Delhi

Price: INR 1500 per person

Bungee Jump elevation: 130ft high

Minimum Age: 14 years





One of the biggest advantages of paragliding is that people of different ages can practise this aerial sport. However, some people find this sport quite intimidating while some others don't opt for this activity, as they are afraid of heights.

One of the most curious and interesting things about paragliding is that this sport is indeed a great option as it can help people to overcome some of their fears. Although it is a great workout, paragliding enhances your mental health as well. People can fight their own fears after seeing how relatively exciting, relaxing as well as easy this aerial sport is. At last, but not the least, paragliding helps people to build a stronger core which further improves the stability, the balance and the posture of people.

Paragliding

Paragliding is a sport in which the players fly in the air using paragliders. These paragliders are light in weight and are foot-launched. There is a harness in the glider on which the paraglider sits. This harness is interconnected to the glider with baffled cells.

Best Spot for Paragliding in India

Himachal Pradesh is 'the' home to **paragliding places in India**. With a total of 11 best paragliding spots, this hilly state offers multiple options. Other places famous for paragliding in Himachal are Devidhar, Parvati Valley, Rohtang, and Bakhli.

Place : Manali, Himachal Pradesh

Cost : INR 2,500 onwards

How to Reach : The nearest airport to Manali is in Bhuntar located at a distance of 50 Km. You can also reach Manali via train.



"Open the wings of freedom and make your dream true of flying in the air."



Typically skydives are carried out from around 4,000m (or 12,500ft) offering 40 to 50 seconds of freefall time. Longer free fall times can be achieved by exiting an aircraft at altitudes much higher than 4,000m. But such jumps require pressurized oxygen within the aircraft as well as bottled oxygen for very high skydives.

During a skydive, total freedom and control of the air can be enjoyed as well as many complex and spectacular manoeuvres including flat turns, somersaults and formation skydiving can be enjoyed.

"The day you decide to take charge and live your life is the day you realize how beautiful it is from the top."

Skydiving

Skydiving is a term used to describe the sport of freefalling (usually from an airplane) through the air prior to opening a parachute. Skydiving is a great adventure sport for giving your body a sensory overload and a massive adrenaline rush.



When it comes to an introduction to skydiving, there's no way we can't mention the incredible amount of adrenaline associated with the sport! What draws many people to try skydiving for the first time is the thrill of simply falling through the air and this same thrill is still experienced by even the most experienced skydivers. You simply can't beat that feeling of excitement as you get ready to exit a plane, followed by the thrill of falling through the sky.

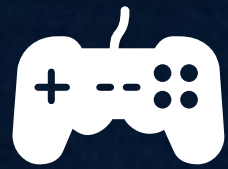
WELCOME TO THE GAMING WORLD



GAME ZONE



GAME ON



Technology, no matter in whichever form, has proven to be a boon as well as a bane; an angel of evolution as well as a devil of destruction. In simpler words, technology and video games which happen to be a minuscule aspect of this spectrum are nothing but a two-sided coin or rather a double-edged sword.

Gaming is generally considered to be an activity that would not yield any results. But the truth is, it is fun and an excellent method of boosting Logical skills, Time Management, Hand Precision, Muscle Memory, Communication Skills, Reflexes, and many such important skill sets! As the famous game developer and researcher, Jane McGonigal noted in her TED Talk, gamers are out-of-the-box problem solvers. Why? Because, as she claims, gamers spend roughly 80% of their time failing while playing video games. And no lesson is greater than, "No matter how much you fail, never give up!".



It is a common human tendency to prefer the ill effects before the good ones. Let me narrate an evidence to support this, I am pretty sure that majority of parents in the whole wide world would resonate when I claim, "Video games to a certain extent have depressing and mentally exhausting effects on their children." It hampers their physical, mental, intuitional, emotional, and retrospective development. Long hours spent in front of the bright screen and the minute characters in play tend to take a toll on the eyes of youngsters.

Reports suggest violent personality or aggressive demeanor is instilled among the players players by engaging in the acts of shooting and killing while playing video games. Another reason why parents are concerned about the effects of video games imposed upon their children is that they tend to be more introvertive and hinder their progress in terms of social skills. Slowly such kids start drifting apart from societal life. They tend to hide in a shell that, though invisible in the real world, is deeply affecting the individual, indulging in video games. We all know about the popular game of yesteryear PUBG. It would be sufficient to say that it was nothing but a modern technological drug, infused in society that had many dangerous consequences. Teens neglecting their health, siphoning money are among the few effects of the tranquil trance that was suffered by our society.



However, blaming video games solely for creating a dystopian state in the society and young minds would be an overstatement. I believe technology and video games are created to help, entertain, and lead society towards a utopian future. It is just a means to facilitate our growth. On the brighter side, the gaming industry is a rapidly booming industry that may certainly create some employment opportunities which is something we as future engineers must look forward to, for they say, "One man's misery is another man's fortune." Gaming develops cognitive, psychomotor skills among the masses and sharpens the thinking side of the brain which aids people to think clearly in situations of extreme pressure. Just like cricket which the Indians are in awe of, gamers want to represent the country at the international level(s) thereby representing the technological thinking advancements of the country.

To conclude this ideology, whether video gaming is a blessing or curse in disguise is a resultant factor that depends upon the amount of time the user dedicates.

-Soham Pal FE EXTC A
-Khuzaima Pishori TE CMPN B



VALORANT

A GAME OF RADIANCE AND VALOUR



Valorant is a tactical and first-person shooter game developed by Riot games who are also popular for League of Legends. The game was made public and accessible to all on June 2, 2020. In the main game, players are assigned a defending or attacking team; having 5 players in each team. The teams can be formed from 15 different agents each hailing from different countries and cultures having their own special and ultimate abilities. Agents have unique abilities, each requiring charges, as well as a unique ultimate ability that requires charging through kills, deaths, or spike actions. Every player starts each round with a "classic" pistol and one or more "signature ability" charges. Other weapons and ability charges can be purchased using an in-game economic system that awards money based on the outcome of the previous round, any kills the player is responsible for, and any actions taken with the spike. The game has an assortment of weapons, there are automatic and semi-automatic weapons that have a shooting pattern that has to be controlled by the player to be able to shoot accurately. Different agents allow players to find more ways to plant the Spike and style on enemies with scrappers, strategists, and hunters of every description. It currently offers 15 agents to choose from.

They are Brimstone, Phoenix, Sage, Sova, Viper, Cypher, Reyna, Killjoy, Breach, Omen, Jett, Raze, Skye, Yoru, and Astra. There are also 5 maps to play on, having their own unique landscapes. Each map has its own way of allowing a player to make creative plays in each round. The main objective of the defenders is to eliminate or prevent the attackers from planting a detonating device called the "Spike" in a site. There are 5 different modes of games to choose from. Unrated, Competitive, Deathmatch, Spike Rush, and Escalation. Unrated is a mode where the match is played as best of 25 rounds or the one first aces 13 rounds wins the match. Competitive mode has higher stakes and provides rank based on the gameplay and skill of the player ranging from Iron to Radiant, where Radiant is at the highest ranking. Spike Rush is a mode where the abilities of agents are charged and the choice of weaponry is randomized in each round. Best of 7 rounds or first to win 4 rounds wins the match. Deathmatch is a free-for-all game mode where there is no restriction on the choice of weaponry and players can practice their aim or just improve their skills. Escalation is a new mode released similar to the gun game in Counterstrike and also Call of Duty: Black Ops.



The game also has a very strong cheat software under the name Vanguard. It has been declared as one of the best Anti-cheat software till date. The game has been a super hit and already has made its way to the world of Esports giving many new as well as other players an opportunity to establish themselves such as Wardell and Hiko. It also has boosted and increased the awareness of the gaming community in India by hosting various tournaments and has also gained a lot of fame. Many YouTubers and aspiring gamers in the Indian gaming community have found a platform to showcase their gaming skills like Solo, Haivaan, Skrossi, Right2ace, God at war have reached the top ratings of the game and established their names not only in India but across the globe.

-Rutvik Sarkate SE CM PN B
-Jose Akkarapatty FE EX TC A



Originally designed as a half-life mode more than two decades ago, Counter-Strike has endured because of its well-balanced competitive gameplay that puts skill requirements above all other factors. Counter-Strike: Global Offensive is the modern version of the classic first-person shooter, offering many tweaked game-modes on many maps - both created by the developer as well as the community. The main objective of each round is to either eliminate the entire opposing team or complete a map-related objective.

Depending on the faction of your choice you will either plant or defuse a bomb or rescue 2-4 hostages. The game also gives the player distinct choices between casual and competitive gameplay with other game modes such as the classic deathmatch and arms race. The main difference between casual and competitive game modes is that competitive has more rounds and friendly-fire turned on- i.e. all your weapons and utilities, directly and indirectly, affect your teammates as well.



In CS:GO there's no regenerating health, no storyline, no cinematic experience, no over-the-top action sequences. The penalty for dying in-game is to watch out as the round goes on without you. While this may sound disappointing to those weaned to more contemporary shooters, CS:GO's competitive experience is no less thrilling. This puts a lot of focus into teamwork and tactics and gives the game a more distinctive feel. What makes CS:GO appealing is how it works differently from its competition which has caused the Counter-Strike Franchise

to have a long-lasting impression on the minds of its players and make it appealing even years after its release. For example, keeping in mind that CS:GO was released in 2013, the average player count as of April 2020 was 1.2 million players worldwide.

Truly this game is iconic, almost every gamer will have played some form of CS in their life, and CS:GO will continue to carry this franchise towards the future in a spectacular manner as well.

-Yash Malode FE CMPN B

AMONG US

Among Us is a simple game that anyone can pick up quickly: eight crew members dash around a claustrophobic, cartoon spaceship to complete simple minigames and fill up a shared progress bar. But among them are two hidden impostors with the goal of secretly murdering everyone until they equal or outnumber the crew and claim victory. And yet, like so many excellent multiplayer games, it's very tricky to master because it's about fooling real people, not gaming an AI. You can't even fall back on the same successful strategies too often or your opponents will catch on, so sometimes you must mix

things up and maybe even act illogically to keep them guessing. The rise in popularity of the game is due to several huge Twitch and YouTube streamers picking up the game thereby raising awareness of its existence to their millions of fans. On top of this, the game allows for easy collaborations between these big streamers resulting in 10 big name streamers all bringing together their millions of fans to create a perfect storm of viewership growth.



The cost is always a big factor when it comes to games and the fact that the game is free on mobile makes it more appealing.

One of the most difficult things about certain games is the skill requirement. For new players, many games are too difficult or require fast reflexes or innate gaming skills to succeed. The concern about simplifying these games is that by doing so you often make them too easy for hardcore gamers - this is not the case with Among Us as the game concept is simple. The user interface is very easy to understand and you don't need to have any "gaming" skills to succeed at it.

Among Us lives up to the hype created by its delayed explosion in popularity. It is a style of intense, refreshing multiplayer experience that simply catches on digitally. It has a well-earned following due to Innersloth's endearing art, approachability, and clever minigame design. I don't have any 'sus' that this will be the last game of its breed to make a splash since we're already seeing its influence on even mega-games like Fortnite. But it's the breakout hit for the genre, and it's a great first impression.

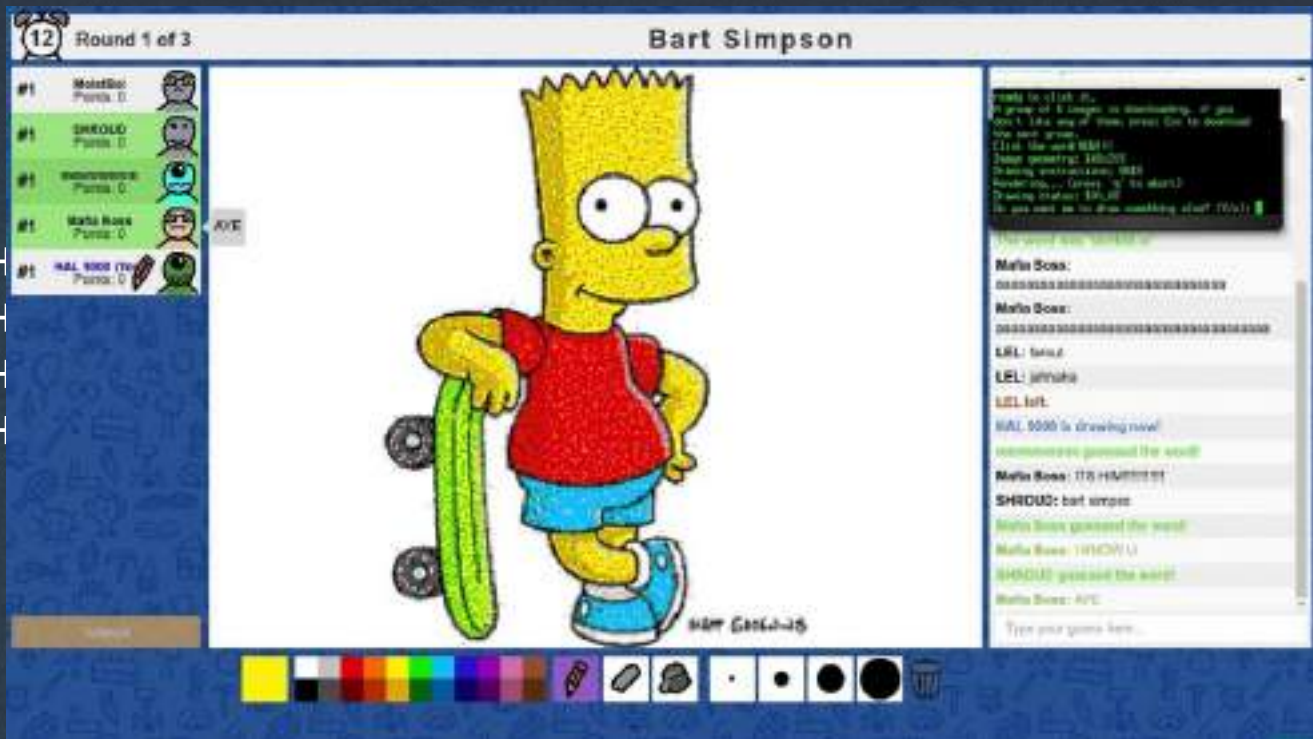
-Aditya Singh FE ETRX B



skribbl.io



'Skribbl.io' is a notoriously funny online game where you earn points by either guessing what others draw or having people guess what you draw. Naturally, drawing with a mouse or track-pad leads to terrible as well as convoluted drawings. Although the emphasis while playing skribbl is having fun, playing well and beating your friends, it is also a very rewarding experience. This game gained so much fame in the lockdown because of many Twitch and YouTube streamers.



There are two options for choosing a word, either choose a custom word or select one word from three words displayed on the screen for drawing. After choosing the word, the next step is to start drawing the word to such an extent that the other players can guess the word and type it in the chat section. For the players who are guessing the word, at the top right of the screen the word length is displayed using blanks. The players have to guess the word in the stipulated amount of time.



The controls, especially the drawing in this game works very well. The music and sound are soothing. There are a bunch of modes; it's perfect for up to four or more people. I do wish there were a few more two-player modes and that you could save single-player doodles. Overall, it's a great game, especially if you have a lot of friends.

JUST

2000'S

KIDS THINGS

BY vEXPRESS EDITORS





Petition to Bring Back our Childhood

Back when we were kids the only stress we had was to decide whom to pick while distributing chocolates on birthdays in our school. We had to calculate the number of chocolates and to whom we should give 1 or 2 or none. Roaming in school with our friend distributing their candies on birthdays was considered an elite thing. That time we were friends with almost everyone and if we fought with them, our only priority was to patch up. It was a simple process that we followed, 'Katti Batti'. We said 'Batti' to all our best friends and 'Katti' with whom we didn't get along.

There were no chaos and life was simple. When we look back to those days, they are full of joyous memories. During the rainy season, we would pray for schools to shut down so that we could have holidays. We pretended to be sick just to stay at home in the comfort of our beds and watch those cartoons which aired at 7 in the morning. We had so many cool outdoor games we played at that time, from 'Hide and Seek' to 'Tag', we could stay outside all day and keep playing. Our parents had to force us to get back home which was always difficult as we had to bid goodbyes to the best friends of our society for a few hours.

As kids, all of us wished to become adults. We had an image in our mind that being an adult is fun and it gives us immense power. But now when we have reached the stage where we have become adults, all we want is to go back and just enjoy those peaceful times once again. We also want to have the same brain even if we go back, so that we stand first in all our exams. Now, the times have changed and we are again forced to stay at home during this pandemic. When we were kids we just wanted to stay home but we never got to do so, and now that all of us are at our homes, all we want to do is go outside and enjoy ourselves with our friends. Things have turned and the time has changed.

All of us would probably agree that our childhood was the best time of our lives. Hence we are signing this petition to bring back our childhood days.

Dumb things we did as Kids

Believed the moon was following us when we were in the car

No one can deny that when we were kids we used to race with the moon and unfortunately wherever we turned to the moon it was still there and we felt as if it was following us. In those car rides, where we tried to be dramatic and pretended as if we were in a movie, we would see that the moon was visible wherever we would go and in the end, we would just give up and try again the next time we saw it.

Being scared of swallowing seeds thinking we'd grow trees inside of us

Remember the times when we ate watermelons or fruits with seeds, we would accidentally eat the seeds and think that now trees will start growing from our stomach, and if it still keeps growing then may grow out of our mouth as well.

Doing "Katti/Batti" to assert friendship

Back when we were kids, saying 'Batti' to friends was an elite thing for all of us. With 'Batti' we told everyone that this person is my best friend. The only worry we had back then was when we did 'Katti' with someone we would come back home trying to figure out how to patch up the next day. Friendship consisted of only 2 things, 'Katti' & 'Batti'.

Balancing the switch

Whenever we got bored we used to try balancing the switch but that never really happened. We would sit continuously and keep on trying to get the balance until we were told to not mess around with electrical equipment. That was the best pastime we had.

Closing the fridge to see the lights turned off

Sometimes opening the fridge for a snack was just an excuse for us to see the lights turn off when we would close it. We would stand there peeking inside trying to get the right timing so that we could see the lights turning off in the fridge.

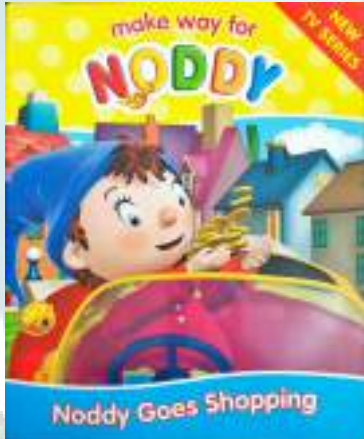
Wished we were adults

The dumbest thing we ever did as a kid was that we wished to become an adult and well, have the 'Time of Our Life'. We thought that grown-ups had their life of power and that they had the freedom to do whatever they want, no studies, nothing. I guess we have figured out now how wrong it was to wish that.

Applied fevicol on our hands

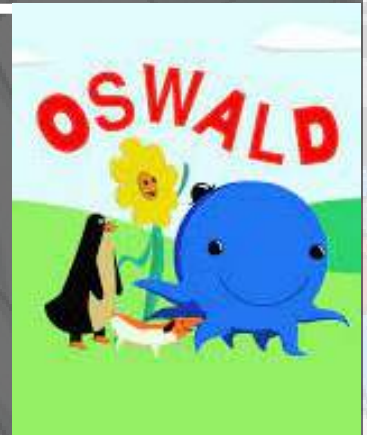
We had Art/Craft periods and rather than drawing what our teachers told us to, we found happiness in applying fevicol on our hands and waited for it to dry so that we could peel it off and boast about it to our friends. Sitting in class and getting bored, the best way was again applying fevicol. Watching and waiting for it to dry was much more interesting than what was being taught, right?

CARTOONS WE WATCHED AS KIDS



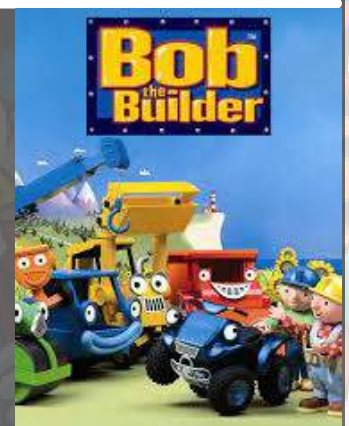
Toy Story movie series may be good but we all know the real OG of toys was our Noddy brother! He had a plane, a car, a house, was independent, and had toys as his best friends! NODDY IS SO RICH! Like what are we even doing with our lives? Also, forget about all the cars in the world, who doesn't want to sit in Noddy's car and explore Toytown?! Are you folks, convinced to come to Toytown or should we say any more?

Living in a world with all these cartoon characters of animals and flowers where you get to be friends with an octopus who has a dog, butterflies who have their own restaurant, and having daisies and sunflowers as your friends! Like WOW! SO EXCITING! It's like living in a drawing book! Extra benefits included listening to Oswald's soothing songs LIVE! Petition to trade our friends with Oswald because WHY NOT?!



This guy gets to be on the road in his travel van, gets to annoy his sister, gets all the love from his cool grandfather, and not to forget has a watch that allows him to turn into an alien, how cool is that! Could there be any world better than this? I doubt so, Now we all would be lying if we say that we never wanted to own the cool watch that Ben 10 had. In fact, many of us even owned one and used to do a roleplay by choosing our favorite character from Ben 10.

We would definitely choose bob, again and again, because he can fix literally everything, so fix our stupid lives too, please?! With friends like Muck the dump truck and Dizzy the cement mixer, Bob and his business partner Wendy live in an imaginative world full of new experiences and solve problems and get things done with a positive attitude! Like, Mr. Bob, please teach us something too!?





Imagine co-existing in a world with all kinds of pokemon. Imagine catching pokemon, training them, and participating in tournaments with them!. Eat, Travel, Battle, repeat, Is this too much to ask for?

Well everyone remembers Ash and his friends but let's take a moment and appreciate one of the best villains we ever came across in our childhood "Team Rocket". They taught us no matter how many times you get defeated, "Never Give Up".

The only secret world we got to visit as kids was the park in the neighboring colony and that too after bunking tuitions and here we have two kids called Max and Emmy who go into the dragon world, have fun with the dragons, solve problems for dragons with dragons, and yet somehow manage to get back home just before their mother shows up in their room. This is the life we want. If not Harry Potter then we are sure everyone would have no issues in settling for this magical world.



If you ever wanted to live in a world where you are not forced to talk, can have a brown teddy as your best friend, drive an iconic green car, can be funny without breaking a sweat, and last but not the least don't have to care if people are judging you, Ladies and gentlemen, we present to you the world of Mr. Bean. Ta da ta da da tadaaa. Does there even exist any episode of this cartoon that we didn't like?

If you say you didn't watch Dora the Explorer as a kid, you are definitely lying! Looking back at her, we still think how blind she was! Now when she asks us about the oceans and mountains, we have a straight answer, "IT'S RIGHT BEHIND YOU, DORA!" But we, as innocent kids, still used to tell her where it is, endlessly! Exploring forests, going on adventures with monkey boots, backpacks, and a map is what we also wanted as kids! Also, who doesn't miss saying "Swiper no swiping" three times, to stop that cunning swiper!



GAMES WE PLAYED AS KIDS



PROJECT IGI
RELEASED: DECEMBER
2000



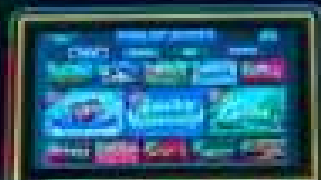
SUPER MARIO
RELEASED : SEPTEMBER
1985



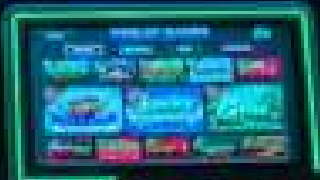
CONTRA
RELEASED: FEBRUARY
1987



DANGEROUS DAVE
RELEASED: OCTOBER
1988



ROAD RASH
RELEASED: SEPTEMBER
1991

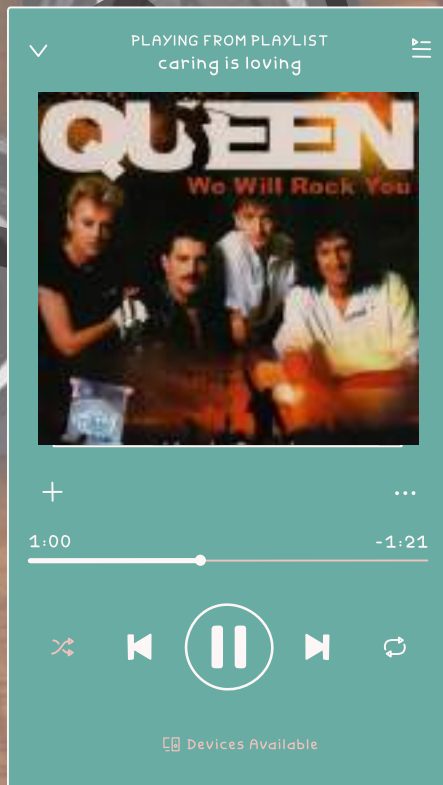


PACMAN
RELEASED: MAY 1980



GAME

Music Which Takes Us Back To Our Childhood Days

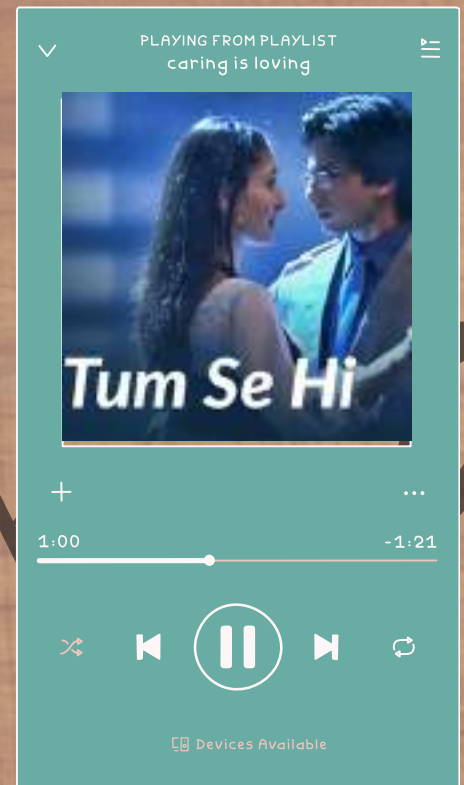


In the End

Release year - 2002

Artist - Linkin Park

We all remember how emotional we got after hearing about untimely demise of Chester Bennington, the lead singer of the band Linkin Park. Linkin Park was not a band it was a pool of emotions for all the 2000's kids. Particularly this song was one of our favourites and made a place in all our jamming sessions with our friends.



We will rock you
Released - 1977
Remastered in 2011
Artist - Queen

We Will Rock You was one song which whenever we heard, we felt a gush of adrenaline rushing through our body. Many of us would have sang this song in our classroom with our friends, banging desks trying to imitate their sound effects.



Tum se hi

Movie - *Jab We Met*, Release year - 2007

Artist - Mohit Chauhan

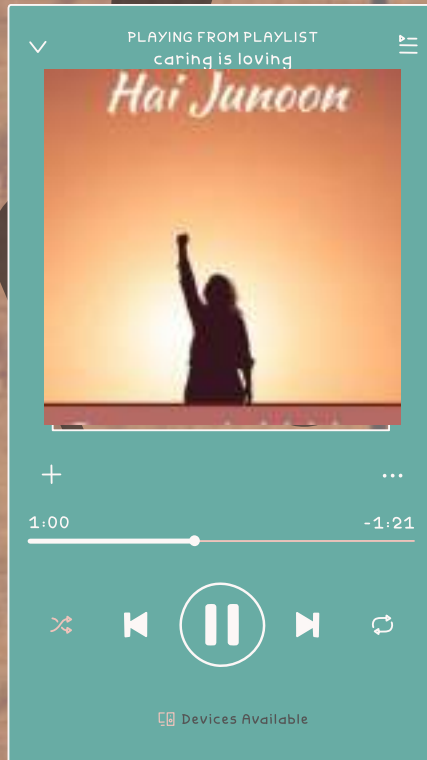
While all of us were in awe of this movie "*Jab We Met*" because of the actors and the famous dialogues, one more reason to love this movie was because of its songs. We were too young to feel the lyrics of the song but not too young to enjoy the vibe it brought with itself. This song is still one of our favourite songs and sends us back to our childhood days whenever we listen to it.

Iktara

Movie - Wake Up Sid, Release year - 2009

Artist - Kavita Seth

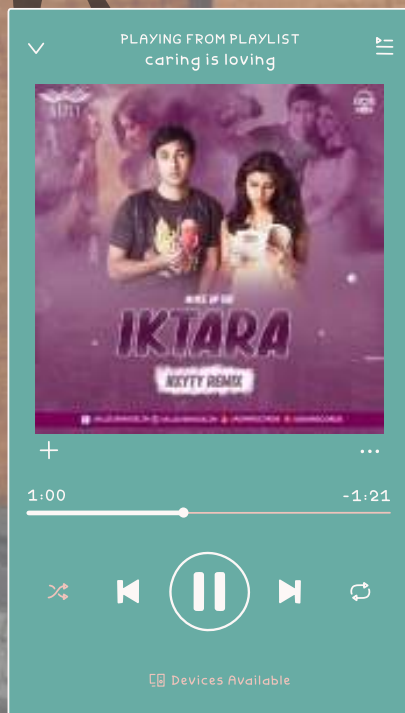
One of the most soulful songs we used to hear when we were kids, Iktara made us realise that the human mind is uncontrollable. It tries to stray to unknown places and paths. It shows distant dreams by making the eyes closed (moond - moond). Now that we have grown up and understand the soulful lyrics, this song makes a place for itself in our playlist as well as our hearts.

**What makes you beautiful**

Release Year - 2011

Artist - One Direction

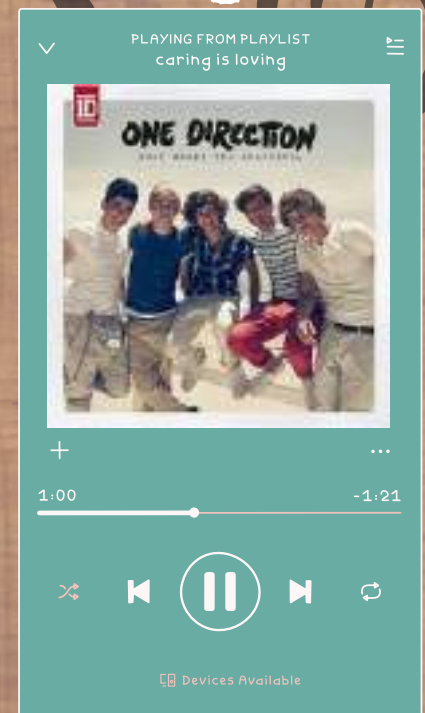
The early 2010s could be called the era of One Direction. From so many hits, this song had always been on top of the playlist for the majority of us back then when we were 11 year olds. This band always released songs about friendship and love and that truly summed up our childhood.

**Hai Junoon**

Movie - New York, Release year - 2009

Artist - KK

Songs sung by KK, summed up our childhood. This song 'Hai Junoon' radiates happiness and shows the essence of friendship. One of our go-to songs for our school bus rides to home or impromptu jamming with our friends, this song always made its place in our heart.





Our Team

F R O M



F R O M

THE FACULTY EDITOR'S DESK

I feel truly elated to have this year's copy of 'vExpress' as it can surely be termed as a 'Digital Magazine' that looks much more professional for any online publication. It has paved a way for the students of Vidyalkankar Institute of Technology to sketch, script, and paint their emotions and feelings through art, photography, poetry, and much more. In today's world, our lives are interconnected with technology, internet, and e-commerce. Digital boom, inclination of the world towards innovation, and a growing cultural economy have ensured that technology and creativity are at the forefront of any project. According to the great Greek philosopher of the Classical period Aristotle, "The aim of art is not to represent the outward appearance of things, but their inward significance." Keeping this view in mind, the entire editorial team have employed their best efforts to transform the blend of art and technology to illuminate, educate, inspire, and motivate our readers. My utmost gratitude to all those involved in making this online rendition of 'vExpress' a great success!

-Prof. Mitalee Gangal, Co-Convener

Conveners



Prof. Ambadas Deshmukh



Prof. Mitalee Gangal

Editors-in-Chief



Saumya Singh



Hrishika Samani

co-editors



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**Trisha Shah
Jose Akkarapatty**

Designers



Harshit Wandhare

Tanvee Jaiswal



Vaishnavi Pingale

Unnati Gohil



Chirag Jadhav

Working on vExpress was a great experience! From brainstorming ideas to giving finishing touches, and from collecting varied articles to editing them, I got to learn so many things about curating a college magazine! This time, it being an E-magazine, we had different circumstances, but we still managed to create this magazine with some of the best people and with the same enthusiasm and zeal!

It was great working for our annual college magazine. Made more memories and gained more skills! I had a lot of fun during the editing process and designing. Thanks to the vExpress team!



Eshika Purohit



Parth Yadav

It was great working in the team. It was a memorable experience for me. Thanks to the Secretaries and vExpress team!

It really feels so amazing working in such a positive environment . I got so much to learn and my designing skills have improved a lot. Working under the management of our Secretaries was indeed a great opportunity. Cheers to the vExpress team !



Tanvee Jaiswal



Harshit Wandhare

The making of vExpress was a small yet sweet journey, I really enjoyed designing the magazine, yes there were challenges but it felt like a cake walk with the help of others. Hope you like our small creation.

This was my first proper experience in designing, Here I improved my skills, learned new things and enjoyed alot. It was fun working with such an enthusiastic team where everyone coming from different branches connected so well to prepare this magazine!



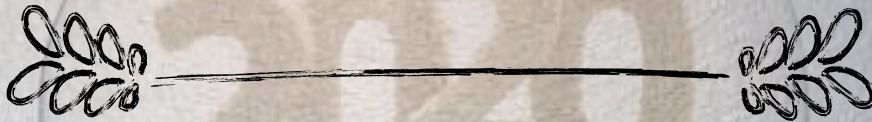
Vaishnavi Pingale



Unnati Gohil

Working for vExpress was absolutely fun, not only did I get to learn some amazing things but also in the process of designing I unlocked a whole new level of experience as a designer.

"THE PERFECT ENDING TO ANY DAY, RACE OR
PROJECT IS TO FINISH STRONG"
— GARY RYAN BLAIR



VEXPRESS

FEEDBACK FORM:

<https://forms.gle/pEjY7ouSUhJWmein7>